



# Tower Gazette

## Monthly Newsletter for May 2026

**CUMBERLAND HOUSING  
GROUP**



### Exterminator Schedule

**Queen City Tower (a.m.) JFK (p.m.)**  
Thursday May 7, 2026

### **Grande View**

**3<sup>rd</sup> Wednesday of each month**

**101 – 217** Feb., April, June, Aug., Oct. and Dec.  
**218 – 335** Jan., March, May, July, Sept, Nov

### Preventive Maintenance Inspections

May 5<sup>th</sup> JFK 805, 807, 808, 809, & 810  
May 6<sup>th</sup> JFK 608, 609, 610, 705, 707, 708, 709, 710,  
May 20<sup>th</sup> Grande View 107, 208, 209, 210  
May 20 & 21 QCT 2<sup>nd</sup> Floor

*As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department **(301)724-2055** with any deficiencies even if your inspection is scheduled in the near future.*

**All Housing Authority Offices Will Be Closed May 25<sup>th</sup> for Memorial Day Weekend.**

**All Offices will be closed every Tuesday until 10:30 am for Staff Meetings.**

**Famers Market will be at the Canal Place again this year.**



May 10<sup>th</sup>



### **JFK – New Office Hours**

**Monday through Friday  
Office will be open from  
12:30 – 4:00 pm**

### **Queen City Tower Tenants**

All tenants are required to pay an Excess Utility charge EVERY MONTH. The charge is \$8.00. Don't forget to add this \$8.00 on when you purchase your money order or when writing out your check.

### **Grandview Tenants**

Guests are only permitted to stay 14 calendar days per year.

Guests must use the sign in sheets in the main entrance.

Not cleaning up after your pet or your support animal when it does its business outside or has an accident in the building is a lease violation. After 3 lease violations, a Notice to Vacate can be issued.

All complaints must be in writing.

Laundry Room – Make sure to clean the washer and dryer area and remove any trash you may have be form leaving the laundry room.

Do not use the large black trash bags in the chutes.



### FOOD GIVEAWAY!

#### The 3<sup>rd</sup> Thursday of every Month

Time: 2 pm to 4 pm.

**St. John's Lutheran Church.**

**Located in the church parking lot.**

400 Arch Street, Cumberland

### Hope Station Wellness & Recovery

#### The 4<sup>th</sup> Friday of every Month

Fresh Produce

10:00 am until supplies last

Located at 632 N. Centre Street

For more information call

240-362-7168

### Adult Daycare Program

HRDC is taking applications for adult daycare.

Please contact Rhonda Lowery at 301-783-1817 for information about their program.

### **JFK**

Monthly meal provided by Christ Lutheran Church will be delivered on Saturday, May 16<sup>th</sup> from 2:00 pm – 4:00 pm. Thank you to all the volunteers! It is greatly appreciated!



**STEPPING STONE  
ANIMAL SOCIETY**

## **Rabies Clinic**

**Sunday, May 18th**

**10am – 1pm**

**Rabies Vaccines \$20**

**Microchips \$20**

**12510 Naves Cross Road, Cumberland**

Please transport all cats in carriers and have all dogs on a leash. For a 3-year rabies booster, please bring rabies CERTIFICATE as proof of current vaccine.

Call (240) 362-7547 or contact us on Facebook for more information.

### Resident Council Meetings

**JFK Residents** – Resident Council meetings will tentatively **resume in September**. More information to come at a later date. If you have any concerns please see Rhonda Roy, President. Watch for memos regarding voting and session start up.

Resident Councils serve as the voice of the residents at each Multi-Family and Public Housing development. As a resident, you are automatically a member of your Resident Council. Your Resident Council needs your participation. The most important person in the Resident Council is **YOU!**

### Queen City Tower Prayer Group

**QCT** Prayer Group will be held every Tuesday from 2 pm to 3 pm in the community room. All residents are invited to attend. Jeff Steele oversees the group.

### Gospel Music

The second Tuesday of each month there is Gospel music with Paul Powers and Buster Jackson from 2pm to 3pm in the Community Room. Jeff Steele is in charge for **QCT**.

### Game Night

Game Night at **QCT** will be held every Sunday now, from 5 pm to 8 pm in the community room. All residents are invited. Jeff Steele oversees Game Night. Join us for a game of corn hole beginning at 5 pm.

### HOPE STATION

Come and join Hope Station for a **Craft Day** to be held every Thursday beginning at 11am. For more information call: 240-362-7168.

### QCT - Bible Study

Roy Bible will be conducting the Bible Studies.

**Dates will be posted.**

2 pm to 3 pm in the Community Room  
All Residents Welcome!

### Vehicle Registration

When it comes time for your vehicle registration/tags to renew, please remember your property manager needs a copy of your new registration.

### Reminder to All Tenants

You are not allowed to keep your friends' personal belongings in your apartment. Furthermore, if you know that a friend has an active warrant out for their arrest, you should not let them in the building.


DO NOT **flush wipes** of any kind in your toilet. Even if they say they are flushable, do not flush these items. Do not flush **feminine products, paper towels or anything else that may look flushable**. All of these items are clogging toilets. The only thing that should be flushed in your toilet is toilet paper. You will be charged for a clogged toilet.




### **Need Help to Quit Smoking?**

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

**Crime Solvers Tip Line** 301-722-4300  
[www.allegany-mineralcountycrimeslovers.com](http://www.allegany-mineralcountycrimeslovers.com)  
To report **suspected Drug Activity**, leave an anonymous tip at 301-759-4660.




## Low Cost Dental Hygiene Care



**Where:** Allegany College of Maryland  
Dental Hygiene Clinic  
12401 Willowbrook Road SE  
Cumberland, MD 21502-2596  
Allied Health Building, Room 151

**For:** Everyone

**By:** Dental Hygiene Students  
Directly supervised by Clinical Instructors



**Preventative Services Include:**

- ✓ Oral cancer screening
- ✓ Teeth cleaning
- ✓ Fluoride therapy
- ✓ Dental x-rays
- ✓ Sealants
- ✓ Individualized homecare instructions
- ✓ Custom bleaching trays/bleaching treatments
- ✓ Mouthguards and Nightguards
- ✓ Dietary guidance for better dental health
- ✓ Recommendations for professional care

For more information and to make appointments, call 301-784-5540 or visit the ACM dental hygiene clinic located in the Allied Health building.

\*Note: A dental hygiene appointment is not a substitute for an examination and treatment by a dentist

### **Are You a Victim of Domestic Violence?**

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.



# HEALTHY HAPPENS HERE

## COMMUNITY HEALTH EXPO

WEDNESDAY  
**MAY 6<sup>TH</sup>** 3-6PM  
RIVERSIDE YMCA  
OPEN TO THE PUBLIC



**Activities include:**

- Cooking demo and food tasting
- Healthy Snacks
- Fitness Demos
- Everlasting Jules Permanent Jewelry
- Health and Wellness Vendors
- Body Composition Scans
- Ask the Expert

**SPONSORED BY:**    

Ponder on this.....

*"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." — Maya Angelou*

### 2026 BIKES FOR THE WORLD COLLECTION

[www.bikesfortheworld.org](http://www.bikesfortheworld.org)

**BRING US YOUR  
USED BIKES AND  
PORTABLE SEWING  
MACHINES!**

**MAY 16TH, 2026  
CANAL PLACE  
10 AM TO 12 PM**





\*Bikes should be in repairable condition. Sewing machines must be portable (no sewing tables please). We suggest a \$10 donation to help offset the cost of shipping the bikes and sewing machines.

For more information, please call 301-606-4734.

Facebook.com/cumberlandhousing

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[www.cumberlandhousing.org](http://www.cumberlandhousing.org)

# MAY 2026

**Get better work search results with skills learned from the Job Center's no-cost, virtual sessions!**

**Register at least two days in advance by emailing the facilitator your name, the workshop title, and workshop date. Facilitators may request additional identification. Advanced registration in the Maryland Workforce Exchange ([MWEjobs.Maryland.gov](http://MWEjobs.Maryland.gov)) is required.**

## **A-I Today (Artificial Intelligence)**

**May 6 (10:00 a.m. – 11:00 a.m.)**



*Learn about how artificial intelligence impacts the workplace and our world. Register by emailing [David.Levesque@maryland.gov](mailto:David.Levesque@maryland.gov)*

## **Job Searching Using Social Media**

**May 12 (10:00 a.m. – 11:00 a.m.)**



*Learn how to use and find open jobs on social media. Register by emailing [Katie.Marvin@maryland.gov](mailto:Katie.Marvin@maryland.gov)*

## **The Gig Economy**

**May 13 (10:00 a.m. – 11:00 a.m.)**



*Learn about how to define the gig economy, how it has evolved, and how you might be able to take advantage of the gig economy.*

Register by emailing [David.Levesque@maryland.gov](mailto:David.Levesque@maryland.gov)

## **A-I Today (Artificial Intelligence)**

**May 20 (10:00 a.m. – 11:00 a.m.)**



*Learn about how artificial intelligence impacts the workplace and our world. Register by emailing [David.Levesque@maryland.gov](mailto:David.Levesque@maryland.gov)*

## **LinkedIn for Job Seekers**

**May 22 (10:00 a.m. – 11:00 a.m.)**



*Learn to build a successful LinkedIn profile for job seeking. Register by emailing [Karl.Kohler@maryland.gov](mailto:Karl.Kohler@maryland.gov)*

## **Job Searching Using Social Media**

**May 26 (10:00 a.m. – 11:00 a.m.)**



*Learn how to use and find open jobs on social media. Register by emailing [Katie.Marvin@maryland.gov](mailto:Katie.Marvin@maryland.gov)*



*Equal Opportunity Employer/Program: American Job Centers are committed to diversity in the workplace and do not discriminate on the basis of race, religion, color, gender, age, orientation, national origin or disability. Auxiliary aids and reasonable accommodations are available upon request, with advanced notification.*