



Tower Gazette

Monthly Newsletter for April 2026

**CUMBERLAND HOUSING
GROUP**



Exterminator Schedule

Queen City Tower (a.m.) JFK (p.m.)
Thursday April 2, 2026

Grande View

3rd Wednesday of each month

101 – 217 Feb., April, June, Aug., Oct. and Dec.

218 – 335 Jan., March, May, July, Sept, Nov

Preventive Maintenance Inspections

- April 9th JFK 1110,1109,1108,1105,1010,1009,
1008,1005, 910, 909, 908, 907, & 906
- April 22nd Grande View 323, 326, and 331
- April 22nd QCT 1th Floor

*As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department **(301)724-2055** with any deficiencies even if your inspection is scheduled in the near future.*

Grande View Tenants – Reminders

- All guest/visitors must sign in when they come to visit you.
- You are allowed overnight guest 14 days out of a calendar year.
- Must be 25 feet off the property to smoke.

All Offices will be closed April 3rd in observance of Good Friday.

All Offices will be closed every Tuesday until 10:30 am for Staff Meetings.



JFK Office Hours

Tuesday, Thursday & Every Other Monday
8am – 4pm

Attention Tenants

With warmer weather coming, please remember to clean up after your dogs. Everyone will be wanting to sit outside and who wants to smell dog feces? Also, maintenance will not want to step in dog feces when they mow the grass.

It is against the law to have open containers of alcohol beverages on the premises.

Lastly, when you know, staff or contractors are coming to your apartment, please be fully dressed and when you are in common areas you are to be dressed too.

JFK Tenants – Trash Chute Reminder

- Place all garbage in “Kitchen Size” (13 gallon or less) garbage bags and **tie it** before disposing of the bag in the chute.
- Boxes of any type are not to be placed in the trash chute, even if they have been broken down. All boxes are to be broken down and placed in the back of the HACC maintenance truck until further notice.
- Do not force any bag larger than 13 gallons into the chute. This will clog the chute and shut it down from being used by the entire building.
- Please do not overstuff garbage bags as this will also clog the chute.
- Clogs that occur overnight, over holidays, or over weekends are not considered an emergency and will not be cleared until the next regular work day.
- Bulk pick-up is still available for big items such as mattresses, bed frames, furnishings, etc. Tenants are permitted to bring these items to the dumpster pad area on Sunday evenings for Monday morning pick up. Staff is not permitted to remove items from your apartments, hallways, or lobby areas. You are responsible for removing your items to the proper location at the designated time.
- Failure to follow these guidelines will result in lease violations and/or charges to your account.



FOOD GIVEAWAY!

The 3rd Thursday of every Month

Time: 2 pm to 4 pm.

St. John's Lutheran Church.
Located in the church parking lot.
400 Arch Street, Cumberland

Hope Station Wellness & Recovery

The 4th Friday of every Month

Fresh Produce

10:00 am until supplies last

Located at 632 N. Centre Street

For more information call

240-362-7168

Adult Daycare Program

HRDC is taking applications for adult daycare.
Please contact Rhonda Lowery at 301-783-1817
for information about their program.

JFK

Monthly meal provided by Christ Lutheran Church will be delivered on Saturday, April 18th from 3:00 pm – 5:00 pm. Thank you to all the volunteers! It is greatly appreciated!

Attention QCT Tenants

- Please do not sit on the retaining wall in the parking lot.
- Reminder ... **Smoking** is allowed **ONLY** at the **Bus shelter**. Otherwise, you must be 25 feet off the property to smoke. This includes any type of vaping too.

Added to the Barring List

William Foster Younger, Jr.

If you see any person on the property that is barred, you can contact the Cumberland Police Dept. at 301-777-1600.

April is Stress Awareness Month **Healthy ways for coping with your stress.**

Take care of yourself – eat healthy, exercise regularly, get plenty of sleep, give yourself a break if you feel stressed.

Share your problems and how you are feeling and coping with a family member, friend, doctor, pastor or counselor.

Avoid drugs and alcohol. These can create additional problems and increase the stress you are already feeling.

Recognize when you need more help – know when to talk to a psychologist, social worker or counselor if things continue.

Potentially the most valuable takeaway here is knowing how to talk to others about your stress. This goes both ways, as you need to know how to discuss your problems with others as well as talk to anyone that comes to you with their issues.

Resident Council Meetings

JFK Residents – Resident Council meetings will tentatively resume in May. More information to come at a later date. If you have any concerns please see Rhonda Roy, President. Watch for memos regarding voting and session start up.

Resident Councils serve as the voice of the residents at each Multi-Family and Public Housing development. As a resident, you are automatically a member of your Resident Council. Your Resident Council needs your participation. The most important person in the Resident Council is **YOU!**

Queen City Tower Prayer Group

QCT Prayer Group will be held every Tuesday from 2 pm to 3 pm in the community room. All residents are invited to attend. Jeff Steele oversees the group.

Gospel Music

The second Tuesday of each month there is Gospel music with Paul Powers and Buster Jackson from 2pm to 3pm in the Community Room. Jeff Steele is in charge for **QCT**.

Game Night

Game Night at **QCT** will be held every Sunday now, from 5 pm to 8 pm in the community room. All residents are invited. Jeff Steele oversees Game Night. Join us for a game of corn hole beginning at 5 pm.

HOPE STATION

Come and join Hope Station for a **Craft Day** to be held every Thursday beginning at 11am.
For more information call: 240-362-7168.

QCT - Bible Study

Roy Bible will be conducting the Bible Studies.

Dates will be posted.

2 pm to 3 pm in the Community Room
All Residents Welcome!



Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

Crime Solvers Tip Line 301-722-4300
www.allegany-mineralcountycrimesolvers.com
To report **suspected Drug Activity**, leave an anonymous tip at 301-759-4660.

Lease Violation – WIRES – Tripping Hazard

The presence of wires, extension cords, etc., across the floors, up the stairs, through windows/doors or their frames or other unapproved locations creates Health and Safety concerns and is not permitted. Failure to correct the safety violation or for repeated violations, a notice to vacate will be issued.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

APRIL 2026

Get better work search results with skills learned from the Job Center's no-cost, virtual sessions!

Register at least two days in advance by emailing the facilitator your name, the workshop title, and workshop date. Facilitators may request additional identification. Advanced registration in the Maryland Workforce Exchange (MWEjobs.Maryland.gov) is required.

A-I Today (Artificial Intelligence)

April 9 (10:00 a.m. – 11:00 a.m.)



Learn about how artificial intelligence impacts the workplace and our world. Register by emailing David.Levesque@maryland.gov

Job Searching Using Social Media

April 14 (10:00 a.m. – 11:00 a.m.)



Learn how to use and find open jobs on social media. Register by emailing Katie.Marvin@maryland.gov

Basic Interviewing Skills

April 14 (1:00 p.m. – 2:00 p.m.)



Learn interview styles and tips about effective interviewing. Register by emailing BenjaminJ.Russell@maryland.gov

The Gig Economy

April 15 (10:00 a.m. – 11:00 a.m.)



Learn about how to define the gig economy, how it has evolved, and how you might be able to take advantage of the gig economy.

Register by emailing David.Levesque@maryland.gov

A-I Today (Artificial Intelligence)

April 22 (10:00 a.m. – 11:00 a.m.)



Learn about how artificial intelligence impacts the workplace and our world. Register by emailing David.Levesque@maryland.gov

LinkedIn for Job Seekers

April 22 (10:00 a.m. – 11:00 a.m.)



Learn to build a successful LinkedIn profile for job seeking. Register by emailing Karl.Kohler@maryland.gov

Job Searching Using Social Media

April 28 (10:00 a.m. – 11:00 a.m.)



Learn how to use and find open jobs on social media. Register by emailing Katie.Marvin@maryland.gov

Basic Interviewing Skills

April 28 (1:00 p.m. – 2:00 p.m.)



Learn interview styles and tips about effective interviewing. Register by emailing BenjaminJ.Russell@maryland.gov



Equal Opportunity Employer/Program: American Job Centers are committed to diversity in the workplace and do not discriminate on the basis of race, religion, color, gender, age, orientation, national origin or disability. Auxiliary aids and reasonable accommodations are available upon request, with advanced notification.

WES MOORE, GOVERNOR • ARUNA MILLER, LT. GOVERNOR • PORTIA WU, SECRETARY

