



**CUMBERLAND HOUSING  
GROUP**

# Monthly Newsletter

## For April 2026



### Exterminator Schedule

2 <sup>nd</sup> Thursday of each month	Jane Frazier Rows 7 through 17 & Central Office
2 <sup>nd</sup> Friday of each month	Jane Frazier Rows 1 through 6 & Banneker Gardens
3 <sup>rd</sup> Thursday of each month	River Bend Court
3 <sup>rd</sup> Thursday – every other month	1034 Frederick Street Feb., April, June, August, October and December

### Preventive Maintenance Inspections

April 7 <sup>th</sup>	Jane Frazier Village – Building 6
April 8 <sup>th</sup>	Banneker Gardens 302,304, 306, 308
April 8 <sup>th</sup>	River Bend Court – Building 6

*As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department **(301)724-2055** with any deficiencies even if your inspection is scheduled in the near future.*

### Added to the Barring List

**Brandon Spruell, Jr. Marquan Metheny  
William Foster Younger, Jr.**

**If you see any person on the property that is barred, you can contact the Cumberland Police Dept. at 301-777-1600.**

### All Residents

**Yards and Common Areas** - Please do not allow your dog to eliminate in the same part of the yards and common areas every time you take them out. This will kill the grass now that the growing season has started. As we are under new requirements for HUD inspections, everyone needs to do their part to make sure our properties maintain high scores so that our funding level is the most we can receive. As a reminder, always clean up after your dog(s). As Maintenance begins lawn mowing season, dog feces that isn't cleaned up can be scattered by the equipment and kicked up onto personnel maintaining the grounds. No one wants to be covered in feces during the day!!!!

### Installing Air Conditioners at Jane Frazier Village

As a reminder, when you install your air conditioner this summer it must be properly installed, secured and proper side panels used. Pillows, blankets, bags, cardboard, etc. is **not** permitted. Also, per the lease, "bedrooms with only one window at these developments cannot have a window air conditioner at any time due to the fire marshal requirements of that window being used for an emergency exit." If you have any questions, please contact your Property Manager.

### Lease Violation – WIRES – Tripping Hazard

The presence of wires, extension cords, etc., across the floors, up the stairs, through windows/doors or their frames or other unapproved locations creates Health and Safety concerns and is not permitted. Failure to correct the safety violation or for repeated violations, a notice to vacate will be issued.

**All Offices will be closed April 3<sup>rd</sup> in observance of Good Friday.**

**All Offices will be closed every Tuesday until 10:30 am for Staff Meetings.**



**April is Stress Awareness Month**  
**Healthy ways for coping with your stress.**

Take care of yourself – eat healthy, exercise regularly, get plenty of sleep, give yourself a break if you feel stressed. Share your problems and how you are feeling and coping with a family member, friend, doctor, pastor or counselor. Avoid drugs and alcohol. These can create additional problems and increase the stress you are already feeling. Recognize when you need more help – know when to talk to a psychologist, social worker or counselor if things continue.

Potentially the most valuable takeaway here is knowing how to talk to others about your stress. This goes both ways, as you need to know how to discuss your problems with others as well as talk to anyone that comes to you with their issues.

**Hope Station Wellness & Recovery**  
**The 4<sup>th</sup> Friday every Month**

Fresh Produce  
 10:00 am until supplies last  
 Located at 632 N. Centre Street  
 For more information call  
 240-362-7168

**FOOD GIVEAWAY!**  
**The 3<sup>rd</sup> Thursday every Month**

Time: 2:00 pm to 4:00 pm.  
**St. John's Lutheran Church.**  
**Located in the church parking lot.**  
 400 Arch Street, Cumberland

**Need help finding a JOB?**

Stop in and see Jennifer Ensor for a list of companies that are hiring. Jennifer can also help you out completing a job application and writing a resume. To make an appointment call Jennifer at 301-724-6606, ext. 100.

**River Bend Court  
 Office Hours  
 Monday - Friday  
 12:30 pm – 4:00 pm**

**Judy Center Activities at  
 Jane Frazier Village**

Toddler Playgroup  
 April 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, & 28<sup>th</sup>  
 10:00 am – 11:00 am

Infant Playgroup  
 April 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, & 30<sup>th</sup>  
 10:00 am – 11:00 am

Call to Register at 301-876-9022 or stop in the Center on day of activity.



**Boys and Girls Club  
 After School Program**  
**Banneker Gardens  
 Community Room**

**Monday thru Friday 3:30 pm – 6:00 pm**

**Help with homework, games, crafts  
 and snacks are provided.**

*Western Maryland Regional Spring*

**Wednesday,  
 April 8  
 12pm – 2pm**

**Country Club Mall (former rue21 store) - LaVale, MD**

**Employers & Resources**

Forever Media, Sheetz, Seniors Fix, Amcor (Berry Global), Albers, Allegany County Detention Center, WVU Medicine, Total Biz, Baltimore Crisis Response, Inc., Schroeder Industries, Mellott, Department of Juvenile Services, Iron Workers Local 568, Federal Correctional Institution, Rocky Gap Casino Resort, PurgeRite, Department of Public Safety and Correctional Services, Rockland Manufacturing, U.S. Air Force, Human Resources Development Commission, Maryland Unemployment Insurance, Archway Station, Maryland State Police, Horizon Goodwill, First United Bank & Trust, Service Master, Mountain City Rehab Center, Electrical Workers Local 307, Jersey Mike's, Beitzel Corporation, Pillar Innovations, State of Maryland, Maryland Vehicle Administration, Mountain Laurel Medical Center, Maryland Department of Transportation (SHA) District 6, Chick-Fil-A LaVale, PharmaCare, Cumberland City Police, Sheet Metal Workers Local 100

*Western Maryland Consortium, Maryland Veteran Employment Program, American Job Center, Allegany County Chamber of Commerce, Allegany College of Maryland, and the Senior Community Service Employment Program*

**Wednesday, March 25**  
 Noon until 2pm  
 at the American Job Center

*Applicants should dress appropriately and be prepared to meet with employers to apply for positions. For more information, please call 301-777-1221.*



### Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

### Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

**Crime Solvers Tip Line** 301-722-4300

[www.allegany-mineralcountycrimesolvers.com](http://www.allegany-mineralcountycrimesolvers.com)

To report **suspected Drug Activity**, leave an anonymous tip at 301-759-4660.



# APRIL 2026

**Get better work search results with skills learned from the Job Center's no-cost, virtual sessions!**

**Register at least two days in advance by emailing the facilitator your name, the workshop title, and workshop date. Facilitators may request additional identification. Advanced registration in the Maryland Workforce Exchange ([MWEjobs.Maryland.gov](http://MWEjobs.Maryland.gov)) is required.**

### **A-I Today (Artificial Intelligence)**

**April 9 (10:00 a.m. – 11:00 a.m.)**



Learn about how artificial intelligence impacts the workplace and our world. Register by emailing [David.Levesque@maryland.gov](mailto:David.Levesque@maryland.gov)

### **A-I Today (Artificial Intelligence)**

**April 22 (10:00 a.m. – 11:00 a.m.)**



Learn about how artificial intelligence impacts the workplace and our world. Register by emailing [David.Levesque@maryland.gov](mailto:David.Levesque@maryland.gov)

### **Job Searching Using Social Media**

**April 14 (10:00 a.m. – 11:00 a.m.)**



Learn how to use and find open jobs on social media. Register by emailing [Katie.Marvin@maryland.gov](mailto:Katie.Marvin@maryland.gov)

### **LinkedIn for Job Seekers**

**April 22 (10:00 a.m. – 11:00 a.m.)**



Learn to build a successful LinkedIn profile for job seeking. Register by emailing [Karl.Kohler@maryland.gov](mailto:Karl.Kohler@maryland.gov)

### **Basic Interviewing Skills**

**April 14 (1:00 p.m. – 2:00 p.m.)**



Learn interview styles and tips about effective interviewing. Register by emailing [BenjaminJ.Russell@maryland.gov](mailto:BenjaminJ.Russell@maryland.gov)

### **Job Searching Using Social Media**

**April 28 (10:00 a.m. – 11:00 a.m.)**



Learn how to use and find open jobs on social media. Register by emailing [Katie.Marvin@maryland.gov](mailto:Katie.Marvin@maryland.gov)

### **The Gig Economy**

**April 15 (10:00 a.m. – 11:00 a.m.)**



Learn about how to define the gig economy, how it has evolved, and how you might be able to take advantage of the gig economy.

Register by emailing [David.Levesque@maryland.gov](mailto:David.Levesque@maryland.gov)

### **Basic Interviewing Skills**

**April 28 (1:00 p.m. – 2:00 p.m.)**



Learn interview styles and tips about effective interviewing. Register by emailing [BenjaminJ.Russell@maryland.gov](mailto:BenjaminJ.Russell@maryland.gov)



**Equal Opportunity Employer/Program:** American Job Centers are committed to diversity in the workplace and do not discriminate on the basis of race, religion, color, gender, age, orientation, national origin or disability. Auxiliary aids and reasonable accommodations are available upon request, with advanced notification.

**WES MOORE, GOVERNOR • ARUNA MILLER, LT. GOVERNOR • PORTIA WU, SECRETARY**

