



Tower Gazette

Monthly Newsletter for July 2025

**CUMBERLAND HOUSING
GROUP**



Exterminator Schedule

1st Thursday of each month
Queen City Tower (a.m.) JFK (p.m.)

Grande View

3rd Wednesday of each month
101 – 217 Feb., April, June, Aug., Oct. and Dec.
218 – 335 Jan., March, May, July, Sept, Nov

Preventive Maintenance Inspections

July 17th Grandview- Apt 208, 209, 210, 218, 220 & 328

July 23rd and 24th QCT 4th Floor

No Maintenance Inspections for JFK Apartments

*As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 30 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department **(301)724-2055** with any deficiencies even if your inspection is scheduled in the near future.*

Payments for RENT, Congregate Fees, etc.

All tenant payments need to be made out to the proper business name before it is turned into the Property Manager. For example: **H.A.C.C. for Housing Authority City of Cumberland**. If you live at **JFK Apartments or River Bend Court**, then that is the name you need to have on your check or money order, **before** it is put in the drop box or given to Property Management.

*All Housing Authority Offices
Will Be Closed July 4th in
celebration of Independence Day.*

**All Offices will be closed every
Tuesday until 10:30 am for
Staff Meetings.**

Staff Update....

Kelly Varchetti no longer works for Cumberland Housing. Anita Craze has taken over the position.

ATTENTION TENANTS

**Do NOT set Air Conditioners
below 68 degrees!!!!**

No matter what the outside temperature, do not set your air conditioner below 68 degrees. This is what causes the air conditioners to freeze up and not work at all. Tenants can be charged if the air conditioner breaks as a result of doing this. A good idea is to pull your window shades and keep the air conditioner set at 70 degrees to keep your entire apartment cool.

Unwanted Items

Do **NOT** sit your "unwanted items" in the hallways or community rooms. If it is found out who the items belong to, you will be issued a lease violation as well as being charged for maintenance to dispose of your items.

Parking at Queen City Towers

Parking is on a first come, first serve basis. This includes all handicapped spaces too. There is **NO** assigned parking spaces.



FOOD GIVEAWAY!
The 3rd Thursday of every Month

Time: 2 pm to 4 pm.

St. John's Lutheran Church.
Located in the church parking lot.
400 Arch Street, Cumberland

Hope Station Wellness & Recovery
The 4th Friday of every Month

Fresh Produce
10:00 am until supplies last
Located at 632 N. Centre Street
For more information call
240-362-7168

Adult Daycare Program

HRDC is taking applications for adult daycare.
Please contact Rhonda Lowery at 301-783-1817
for information about their program.

JFK and QCT Residents

Monthly meal provided by Christ Lutheran Church will be delivered on Saturday, July 19th between 3 & 3:30 pm. Thank you to all the volunteers! It is greatly appreciated!

Please note that currently we are at full capacity for the meals and we are unable to add anymore tenants.

QCT Residents please meet in the community room at 3 pm to pick up your meal.

JFK Office Hours

Monday, Wednesday, Friday 8:00 am -12:00 pm
(12:30 pm - 4:00 pm by appointment only)

Tuesday & Thursday 12:30 pm - 4:00 pm
(8:00 am -12:00 pm by appointment only)

Please limit disruptions to the hours
the office is open.



**FREE DELIVERY FOR
ORDERS OVER \$35.00**

Free delivery to your apartment. The Housing Authority has a Walmart+ account for resident use. For an appointment contact Anita. Do not forget to bring your market list and debit card with you.

Resident Council Meetings

JFK Residents – Resident Council is on summer break. If you have any concerns please see Rhonda Roy, President. Watch for memos regarding voting and session start up.

Resident Councils serve as the voice of the residents at each public housing development. As a resident, you are automatically a member of your Resident Council. Your Resident Council needs your participation. The most important person in the Resident Council is **YOU!**

Queen City Tower Prayer Group

QCT Prayer Group will be held every Tuesday from 2 pm to 3 pm in the community room. All residents are invited to attend. Jeff Steele oversees the group.

Gospel Music

The second Tuesday of each month there is Gospel music with Paul Powers and Buster Jackson from 2pm to 3pm in the Community Room. Jeff Steele is in charge for **QCT**.

Game Night

Due to popular demand, Game Night at **QCT** will be held every Sunday now, from 5 pm to 8 pm in the community room. All residents are invited. Jeff Steele oversees Game Night. Join us for a game of corn hole beginning at 5 pm.

HOPE STATION

Come and join Hope Station for a **Craft Day** to be held every Thursday beginning at 11am.
For more information call: 240-362-7168.

Bible Study

Roy Bible will be conducting the Bible Studies.

QCT – July 12th & 26th

2 pm to 3 pm in the Community Room
All Residents Welcome!

Added to the Barring List

Todd Ecker
Chad Haas
Timothy Kesner

Cassyopia Schell
Kelly Sinclair

If you see any person on the property that is barred, you can contact the Cumberland Police Dept. at 301-777-1600.



Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

Crime Solvers Tip Line 301-722-4300
www.allegany-mineralcountycrimeslovers.com
To report **suspected Drug Activity**, leave an anonymous tip at 301-759-4660

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Be Fire Smart: General Tips for High-Rise Apartment Dwellers

If a fire occurs, **do not panic**. Stay calm to increase chances of survival.
Remember that smoke rises and also kills.
Do not jump. You may not survive the fall.
Do not waste time gathering personal belongings, but shut the door and take your key.
Learn the location of your building's fire alarms and how to use them.
Even if you can tolerate the smoke while standing, it's safer to crawl to the door.
Do not open the door until you have checked to be sure there isn't fire on the other side. Feel the door knob. If it is hot, do not open the door.
Brace your shoulder or foot against the door and open with extreme caution. Should you be confronted with a high concentration of super-heated air or smoke, close the door immediately.
If the hall is passable, use one of your pre-designated escape routes.
Do not use the elevator. It may stall due to heat or loss of power.
If you are in a wheelchair, it may be safer to stay in your apartment or in the stairwell until help arrives.
If your escape route is blocked, it may be safer to return to your apartment.
If you must use an inside stairwell, check for smoke before entering the stairwell.
If the stairwell is safe to enter, WALK downward, do not run. Hold onto wall or handrail to prevent falling.
If you must return to your apartment or remain in your apartment because escape routes are blocked, open a window slightly to let smoke escape. **Do not break the window** because you may need to close it if there is smoke on the outside. If it is a fixed window, get low to the ground.
If you must remain in the apartment, close all vents and air ducts. Wet towels and sheets and stuff them around the doors.

Medical Oxygen Safety Tips

- Medical oxygen adds a higher percentage of oxygen to the air a patient breathes. Fire needs oxygen to burn. If a fire should start in an oxygen-enriched area, the material burning will burn more quickly.
- Keep oxygen cylinders at least 5 feet (1.5 meters) from a heat source, open flames, or electrical devices.
- Body oil, hand lotion, and items containing oil and grease can easily ignite. Keep oil and grease away where oxygen is in use.
- Never use aerosol sprays containing combustible materials near oxygen.



JULY 2025

Western Maryland Job Centers offer FREE online workshops!

Western Maryland American Job Centers offer FREE online, virtual workshops. Registration is required in advance. Include in your communications, your name, the title of the workshop and the date of the workshop. Facilitators may ask for additional proof of identification, upon registration.

Resume ABCs

July 2 (10:00 a.m. – 11:15 a.m.)



Learn the mechanics of how to write an attention-grabbing resume. Register by emailing Cassandra.Baker@maryland.gov

The Gig Economy

July 16 (10:00 a.m. – 11:00 a.m.)



Learn about how to define the gig economy, how it has evolved, and how you might be able to take advantage of the gig economy. Register by emailing David.Levesque@maryland.gov

Job Searching Using Social Media

July 8 (10:00 a.m. – 11:00 a.m.)



Learn how to use and find open jobs on social media. Register by emailing Katie.Marvin@maryland.gov

Job Searching Using Social Media

July 22 (10:00 a.m. – 11:00 a.m.)



Learn how to use and find open jobs on social media. Register by emailing Katie.Marvin@maryland.gov

Basic Interviewing Skills

July 8 (1:00 p.m. – 2:00 p.m.)



Learn interview styles and tips about effective interviewing. Register by emailing BenjaminJ.Russell@maryland.gov

Basic Interviewing Skills

July 22 (1:00 p.m. – 2:00 p.m.)



Learn interview styles and tips about effective interviewing. Register by emailing BenjaminJ.Russell@maryland.gov

A-I Today (Artificial Intelligence)

July 9 (10:00 a.m. – 11:00 a.m.)



Learn about how artificial intelligence impacts the workplace and our world. Register by emailing David.Levesque@maryland.gov

A-I Today (Artificial Intelligence)

July 23 (10:00 a.m. – 11:00 a.m.)



Learn about how artificial intelligence impacts the workplace and our world. Register by emailing David.Levesque@maryland.gov

LinkedIn for Job Seekers

July 31 (10:00 a.m. – 11:00 a.m.)



Learn to build a successful LinkedIn profile for job seeking. Register by emailing Karl.Kohler@maryland.gov



Equal Opportunity Employer/Program: American Job Centers are committed to diversity in the workplace and do not discriminate on the basis of race, religion, color, gender, age, orientation, national origin or disability. Auxiliary aids and reasonable accommodations are available upon request, with advanced notification.

WES MOORE, GOVERNOR • ARUNA MILLER, LT. GOVERNOR • PORTIA WU, SECRETARY

