



**CUMBERLAND HOUSING
GROUP**

Monthly Newsletter

For June 2025



Exterminator Schedule

2 nd Thursday of each month	Jane Frazier Rows 7 through 17 & Central Office
2 nd Friday of each month	Jane Frazier Rows 1 through 6 & Banneker Gardens
3 rd Thursday of each month	River Bend Court
3 rd Thursday – every other month	1034 Frederick Street Feb., April, June, August, October and December

Preventive Maintenance Inspections

June 5 th	River Bend Court – Building 2
June 16 th	Jane Frazier Village – Building 11
June 17 th	Banneker Gardens – 310, 312, 314 and 316

As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 30 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department **(301)724-2055** with any deficiencies even if your inspection is scheduled in the near future.

*Have a Great Summer
And Stay Safe!*

Oh, yeah...Do not forget to use sunscreen.

**Happy Father's Day
to all the Dads and Step-Dads!**

All Housing Authority Offices Will Be Closed June 19th for Juneteenth Day.

All Offices will be closed every Tuesday until 10:30 am for Staff Meetings.

Air Conditioner Installations at Jane Frazier

As a reminder, the lease states: *Bedrooms with only one window cannot have a window air conditioner at any time due to the fire marshal requirements of that window being used for an emergency exit. Alternative option is to use a fan in the bedroom.*

**Attn: Tenants
Just a Reminder that these are Lease Violations too.**

You are not allowed:

1. to replace any faucet or showerhead with your own.
2. to hook up icemakers any faucets.
3. to hook up water purifiers to any faucets.
4. to hook up dishwashers to any faucets.
5. to install strip lighting, rope lights, etc. to ceilings or walls.

Sorry for the inconvenience, but due to HUD and our Energy Contract, we cannot allow these items to be installed.

Attn: Tenants

Lease Addendum Signing Schedule

The Board of Directors at the May 21, 2025 meeting, approved the changes to the **Schedule of Maintenance Charges**. All tenants **must** stop in the office to see their property manager, to sign the Lease Addendum and receive copies of the new documents. Failure to sign the Lease Addendum by June 25, 2025, you will be issued a Notice to Vacate. As a reminder, all offices are closed for lunch from Noon to 12:30 PM.

Jane Frazier Tenants
June 23rd and June 24th

Banneker Garden Tenants
June 12th 1:00 – 3:00 PM
In the Community Room

River Bend Court
June 17th 10:30 am – 3:30 pm





**FREE DELIVERY for
ORDERS OVER \$35.00**

Free delivery to your apartment. The Housing Authority has a Walmart+ account for resident use. For an appointment to schedule a grocery pick up, contact Jennifer Ensor at the Main Office. Don't forget to bring your market list and debit card with you.

Summer **FREE** Lunch Program
River Bend Court Community Room
11:30 AM – Noon

Monday thru Thursday
Starting June 23rd and will run through
August 14th.

If any parents would like to volunteer to pass out the lunches, contact Brooke at 240-362-9225.

FOOD GIVEAWAY!

**The 3rd Thursday every
Month**

Time: 2:00 pm to 4:00 pm.

**St. John's Lutheran
Church.**

**Located in the church
parking lot.**

400 Arch Street, Cumberland

**Hope Station Wellness &
Recovery**

**The 4th Friday every
Month**

Fresh Produce

10:00 am until supplies
last

Located at 632 N. Centre
Street

For more information call
240-362-7168

**Free Children's
Clothing Closet**



**First Thursday of every month
6:00pm – 7:30pm**

Mountain City Church
19 Beall Street, Frostburg MD

Free Meal! There will also be a
free meal at the Clothing Closet.

Donations are accepted by
calling 301-689-6332 or you can
bring them the day of the
event. Donations must be gently
used children's clothes free from
stains and tears.



**Boys and Girls Club
After School Program**

**Banneker Gardens
Community Room**

**Summer Program starts
June 23rd through August 8th
9am – 2 pm**



Reinforce the positives!

Reward the kids for their good behavior with small prizes and positive phrases like, "I'm so proud of you for cleaning your room all by yourself" to continue to motivate them.

As a Reminder....



Swimming pools or any other water-based entertainment item of any size are NOT ALLOWED.



5 Reasons to Keep Your Lawn Neat

1. Mice and snakes are attracted to weeds and long grass.
2. Garbage and litter give mice food and shelter.
3. **YOU** will be charged a fee if the Housing Authority has to remove any garbage bags, pizza box's, etc.
4. Whether or not you have a dog, **clean up any feces** in your yard.
5. Keep your personal items next to the building so that it is not thrown away when maintenance comes to mow your yard.

So, keep your yard nice looking and safe for the kids.

Freezer Use

When using the freezer in your refrigerator, please do not overpack it with items. The vent in the back needs to have space around it in order for it to work properly. If items are blocking the airflow, your food items will not stay frozen and water will begin to form inside.

Top 10 Health Risks for Men

1. Heart Health
2. Respiratory Diseases
3. Alcohol
4. Depression/Suicide
5. Accidental Injuries
6. Liver Diseases
7. Diabetes
8. Flu and Pneumonia
9. Skin Cancer
10. HIV and AIDS

Take Charge of Your Health

- Have regular screening tests to check for health problems before you have symptoms.
- Keep track of important health information.
- Improve your lifestyle.
- Know your family's health history and your own.



Need help finding a JOB?

Stop in and see Jennifer Ensor for a list of companies that are hiring. Jennifer can also help you out completing a job application and writing a resume. To make an appointment call Jennifer at 301-724-6606, ext. 106.

Crime Solvers Tip Line 301-722-4300

www.allegany-mineralcountycrimesolvers.com

To report **suspected Drug Activity**, leave an anonymous tip at 301-759-4660.



AVOID - WEAR - APPLY - REMOVE - EXAMINE

- A** **AVOID** areas where ticks live. Ticks thrive in wood piles, long grass, leaf piles and beach grass.
- W** **WEAR** light-colored clothing; long pants, sleeves, socks and close-toed shoes. Tuck long hair into hat.
- A** **APPLY** EPA-approved tick repellent (such as picaridin or DEET) on skin and insecticide (such as permethrin) to clothing & shoes as directed.
- R** **REMOVE** clothing upon entering the home; toss into dryer at HIGH temperature for 10-15 minutes.
- E** **EXAMINE** yourself and your pets for ticks daily. Check everywhere--ticks love to hide!



Notice to Cumberland Housing Residents

Public Awareness Program Message Natural Gas Safety Instructions

Natural gas for your appliances is delivered through a jurisdictional natural gas pipeline system. The system is a safe, reliable and efficient way to deliver natural gas for your heating, water heating, cooking, and clothes drying needs. Although safe, tested and regulated, the system's most common hazard is from 3rd party damage from excavation. Before digging or excavations are done, contact Miss Utility at 1-800-257-7777 or 811 and call Cumberland Housing at 301-724-2055. Please read the following safety information:

*Natural gas, like all forms of energy and like many other products found in the home, is capable of doing damage and **MUST** be used properly. Here are some facts everyone should know about gas and gas operated equipment:*

Gas Accidents can be avoided when you follow these safety rules:

1. Teach children that they are not to turn on or light appliances
2. Keep combustibles (curtains, paper, and fluids) away from any open flames.
3. If lighting is required - always light match first and hold it at point of lighting before you turn on gas.
4. Keep burning surface clean of dirt, match ends, grease, etc.
5. Repair and installation is a job for experts. Never attempt to do it yourself.
6. Use equipment for the job it was intended to do - for example, an oven should NOT be used to heat a room.

Your senses can help you to discover a gas leak.....

>SMELL: A distinctive odor has been added to natural gas so that less than 1% of gas in the air can be detected.

>SIGHT: In some appliances you can see the flame so you know it is working.

>TOUCH: With some appliances you can feel overheating or cold in the burner area which would indicate trouble.

> HEARING: If the flame sounds unusually noisy, it may not be burning properly.

If you smell gas:

1. NO FLAMES OR SPARKS! – Immediately put out all smoking materials and pre-existing open flames. Do not operate lights, appliances, telephones or cell phones. Flames or sparks from these sources can trigger an explosion or fire.
2. LEAVE THE AREA IMMEDIATELY – Get everyone out of the building or area where you suspect gas is leaking.
3. REPORT THE LEAK – From a neighbor's home or other nearby building away from the gas leak, call your natural gas supplier right away. If you are unable to reach your natural gas supplier, call 911 or your local fire department.
4. DO NOT RETURN TO THE BUILDING OR AREA - Until your natural gas supplier determines that it is safe to do so.
5. GET YOUR SYSTEM CHECKED - Before you attempt to use any of your natural gas appliances, your natural gas supplier or a qualified service technician must check your entire system to ensure that it is leak free.



JUNE 2025

Western Maryland Job Centers offer **FREE** online workshops!

Western Maryland American Job Centers offer **FREE** online, virtual workshops. Registration is required in advance. Please follow the registration directions and include in your communications, your name, phone number and the title of the workshop for which you plan to participate. Facilitators may ask for additional proof of identification, upon registration.

Job Searching Using Social Media

June 3 (10:00 a.m. – 11:00 a.m.)



Learn how to use and find open jobs on social media. Register by emailing Katie.Marvin@maryland.gov

Job Searching Using Social Media

June 17 (10:00 a.m. – 11:00 a.m.)



Learn how to use and find open jobs on social media. Register by emailing Katie.Marvin@maryland.gov

Basic Interviewing Skills

June 3 (1:00 p.m. – 2:00 p.m.)



Learn interview styles and tips about effective interviewing. Register by emailing BenjaminJ.Russell@maryland.gov

Basic Interviewing Skills

June 17 (1:00 p.m. – 2:00 p.m.)



Learn interview styles and tips about effective interviewing. Register by emailing BenjaminJ.Russell@maryland.gov

A-I Today (Artificial Intelligence)

June 4 (10:00 a.m. – 11:00 a.m.)



Learn about how artificial intelligence impacts the workplace and our world. Register by emailing David.Levesque@maryland.gov

A-I Today (Artificial Intelligence)

June 18 (10:00 a.m. – 11:00 a.m.)



Learn about how artificial intelligence impacts the workplace and our world. Register by emailing David.Levesque@maryland.gov

Resume ABCs

June 11 (10:00 a.m. – 11:15 a.m.)



Learn the mechanics of how to write an attention-grabbing resume. Register by emailing Cassandra.Baker@maryland.gov

The Gig Economy

June 25 (10:00 a.m. – 11:00 a.m.)



Learn about how to define the gig economy, how it has evolved, and how you might be able to take advantage of the gig economy.

Register by emailing David.Levesque@maryland.gov

LinkedIn for Job Seekers

June 27 (10:00 a.m. – 11:00 a.m.)



Learn to build a successful LinkedIn profile for job seeking. Register by emailing Karl.Kohler@maryland.gov



Equal Opportunity Employer/Program: American Job Centers are committed to diversity in the workplace and do not discriminate on the basis of race, religion, color, gender, age, orientation, national origin or disability. Auxiliary aids and reasonable accommodations are available upon request.

WES MOORE, GOVERNOR • ARUNA MILLER, LT. GOVERNOR • PORTIA WU, SECRETARY

