

Help is Here



Population Health Program

We are here to help **YOU** on your road to wellness.

MEET YOUR LOCAL TEAM

Covering Allegany and Garrett Counties

Mindy Bradshaw, CHW (410) 297-0203

Matt Thomas, CHW (410) 412-9016

Ask us how we can connect you with:



Access to Healthcare



Transportation



Food and Nutrition



Housing



Financial Support



Additional Helpful Services