



**CUMBERLAND HOUSING
GROUP**

Monthly Newsletter

For June 2024



Change in Exterminator Schedule for June

June 6th Afternoon Banneker Gardens

June 7th Jane Frazier – Bldgs. 1 - 17

3rd Thursday of each month River Bend Court

3rd Thursday – Every other Month 1034 Frederick Street
Feb., April, June, August,
October, December



All Offices will be closed every
Tuesday until 10:30 am for
Staff Meetings.

All Housing Authority Offices
Will Be Closed Wednesday,
June 19th for Juneteenth.

**Happy Father's Day
to all the Dads and
Step-Dads!**

**From Salvation Army: We do not accept
donations of any kind. This includes large
furniture items that you no longer want.**

Preventive Maintenance Inspections

June 12th Jane Frazier Village – Building 11
June 13th Banneker Gardens – 310, 312, 314, and 316
June 6th River Bend Court – Building 2

As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department **(301)724-2055** with any deficiencies even if your inspection is scheduled in the near future.

As a Reminder....



Swimming pools or any other
water-based entertainment item of
any size **are NOT ALLOWED.**

Attn: Tenants

Lease Addendum Signing Schedule

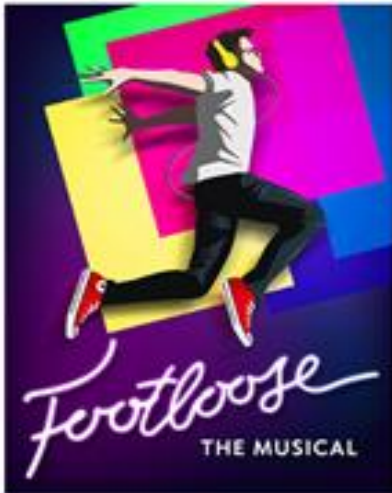
The Board of Directors at the May 15, 2024 meeting, approved the changes of the **Pet Ownership Policy**. All tenants **must** stop in the office to see their property manager, to sign the Lease Addendum and receive copies of the new documents. Failure to sign the Lease Addendum by June 25, 2024, you will be issued a notice to vacate. As a reminder, all offices are closed for lunch from Noon to 12:30 PM.

Jane Frazier Tenants
June 17th and June 18th

Banneker Garden Tenants
June 18th 10:00 AM – Noon
In the Community Room

River Bend Court
June 12th Buildings 1-4
June 13th Buildings 5-8
June 14th Buildings 9-12





The show is at the Cumberland Theatre, 101 Johnson Street

****The first 20 people with reservations will be going.**

Let's Go to The Theatre!!

July 12, 2024

Free event for 18 kids in the 5th & 6th grades and 2 adult parents as chaperones

Free bus transportation is provided.

Pick-up and drop-off at Jane Frazier Office on First Street at 6:45 PM
The bus will return around 10:30 PM
Casual Dress

This event is for residents of the Cumberland Housing Authority. Call Jennifer Ensor from the Housing Authority at 301-724-6606, or email jennifer.ensor@cumberlandhousing.org to make reservations



Boys and Girls Club After School Program

Banneker Gardens Community Room

Monday thru Friday 3:30 pm – 6:00 pm

Help with homework, games, crafts and snacks are provided.

The kids had a presentation from Mr. Joe and Ms. Kelsey from Family Crisis Resource Center, Inc. They also helped the kids make tie dye shirts.



Look Who Stopped by to visit with the kids. Trooper Merritt with the Maryland State Police. Trooper Merritt even played a few games of Go Fish with the kids.

Boys and Girls Club Summer Camp

Banneker Gardens
June 17th thru August 9th
Monday – Friday 9:00 am – 3:00 pm

Judy Center Activities at Jane Frazier Village

Infant & Toddler Playgroup
June 6, 13, 19 and 27
10:00 am – 11:00 am

Call to Register at 301-876-9022 or stop in the Center on day of activity.

Summer **FREE** Lunch Program
River Bend Court Community Room
11:30 AM – Noon

Monday thru Thursday
Starting June 17th

If any parents would like to volunteer to pass out the lunches, contact Shauna at 240-362-9225.

Sponsored By:
Emmanuel Episcopal Church



FOOD GIVEAWAY!

June 19, 2024 Time: 2:00 pm to 4:00 pm.
St. John's Lutheran Church.
Located in the church parking lot.
400 Arch Street, Cumberland

Hope Station Wellness & Recovery

Fresh Produce
June 21, 2024, at 10:00 am
until supplies last
Located at 632 N. Centre Street
For more information call
240-362-7168

To Avoid Falls

Rugs – Do not use throw rugs in your apartment. The only exception to this is in the bathroom.

Nightlights – Have nightlights in the bathroom and bedroom to avoid falls.

Bathroom Tips – Have a mat in the tub or shower. Have a non-skid rug on the bathroom floor. Always keep the bathroom floor clean and dry.

Spills – Wipe up all spills as soon as they happen.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

Crime Solvers Tip Line 301-722-4300

www.allegany-mineralcountycrimesolvers.com

To report **suspected Drug Activity**, leave an anonymous tip at 301-759-4660.

Need help finding a JOB?

Stop in and see Jennifer Ensor for a list of companies that are hiring. Jennifer can also help you out completing a job application and writing a resume. To make an appointment call Jennifer at 301-724-6606, ext. 106.

UPMC Community Health & Wellness

Free Programs and classes.

Support
Fitness
Health

To learn more call 240-964-8424.

UPMC Diabetes Self Management Program




Physician Referral Required to attend for services. To learn more call 240-964-8787.



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Western Maryland: June 22, 2024
Baltimore: July 27, 2024
Eastern Shore: August 24, 2024

Any questions please contact Dr. Kathryn Pawlak at kathryn.pawlak@gmail.com



Facebook.com/cumberlandhousing



Have a Great Summer And Stay Safe!

O, yeah...Don't forget to use sunscreen.

5 Reasons to Keep Your Lawn Neat

1. Mice and snakes are attracted to weeds and long grass.
2. Garbage and litter give mice food and shelter.
3. **YOU** will be charged a fee if the Housing Authority has to remove any garbage bags, pizza box's, etc.
4. Whether or not you have a dog, **clean up any feces** in your yard.
5. Keep your personal items next to the building so that it is not thrown away when maintenance comes to mow your yard.

So, keep your yard nice looking and safe for the kids.

Get Creative this Summer...

Start A Movie Night Tradition

Movie nights are perfect for families and friends who need a night off from their busy lives. Start a family tradition by hosting a weekly movie night and take turns each week picking out a movie. Have everyone dress in their favorite pajamas, make plenty of movie snacks, and snuggle up on the couch.

Teach your kids how to cook simple foods

Teach the kids how to make their favorite food — such as grilled cheese or cupcakes. Making meals together is a great way to bond with your kids, and they'll feel proud as they're eating the finished product.

Reinforce the positives!

Reward the kids for their good behavior with small prizes and positive phrases like, "I'm so proud of you for cleaning your room all by yourself" to continue to motivate them.



Suggestions

What activities would you like to see for kids, teenagers and adults. We will be working with various agencies to get some programs going in the community centers at your development.

Suggestions can be submitted to housing@cumberlandhousing.org

Constitution Park Summer Day Camp Ages 7 to 12 years old.

Day Camp will begin Monday June 10th and run until Friday August 2nd. Hours are Monday-Friday 9AM-4PM.

You can register online this year at: <http://www.ci.cumberland.md.us/230/Summer-Day-Camp>

Due to City Hall being under renovations, if you are wanting to register in person, or have any questions, please call 301-759-6636.

Freezer Use

When using the freezer in your refrigerator, please do not overpack it with items. The vent in the back needs to have space around it in order for it to work properly. If items are blocking the airflow, your food items will not stay frozen and water will begin to form inside.

Air Condition Installations at Jane Frazier

As a reminder, the lease states: *Bedrooms with only one window cannot have a window air conditioner at any time due to the fire marshal requirements of that window being used for an emergency exit. Alternative option is to use a fan in the bedroom.*



Notice to Cumberland Housing Residents

Public Awareness Program Message Natural Gas Safety Instructions

Natural gas for your appliances is delivered through a jurisdictional natural gas pipeline system. The system is a safe, reliable and efficient way to deliver natural gas for your heating, water heating, cooking, and clothes drying needs. Although safe, tested and regulated, the system's most common hazard is from 3rd party damage from excavation. Before digging or excavations are done, contact Miss Utility at 1-800-257-7777 or 811 and call Cumberland Housing at 301-724-2055. Please read the following safety information:

*Natural gas, like all forms of energy and like many other products found in the home, is capable of doing damage and **MUST** be used properly. Here are some facts everyone should know about gas and gas operated equipment:*

Gas Accidents can be avoided when you follow these safety rules:

1. Teach children that they are not to turn on or light appliances
2. Keep combustibles (curtains, paper, and fluids) away from any open flames.
3. If lighting is required - always light match first and hold it at point of lighting before you turn on gas.
4. Keep burning surface clean of dirt, match ends, grease, etc.
5. Repair and installation is a job for experts. Never attempt to do it yourself.
6. Use equipment for the job it was intended to do - for example, an oven should NOT be used to heat a room.

Your senses can help you to discover a gas leak.....

- >SMELL: A distinctive odor has been added to natural gas so that less than 1% of gas in the air can be detected.
- >SIGHT: In some appliances you can see the flame so you know it is working.
- >TOUCH: With some appliances you can feel overheating or cold in the burner area which would indicate trouble.
- > HEARING: If the flame sounds unusually noisy, it may not be burning properly.

If you smell gas:

1. NO FLAMES OR SPARKS! – Immediately put out all smoking materials and pre-existing open flames. Do not operate lights, appliances, telephones or cell phones. Flames or sparks from these sources can trigger an explosion or fire.
2. LEAVE THE AREA IMMEDIATELY – Get everyone out of the building or area where you suspect gas is leaking.
3. REPORT THE LEAK – From a neighbor's home or other nearby building away from the gas leak, call your natural gas supplier right away. If you are unable to reach your natural gas supplier, call 911 or your local fire department.
4. DO NOT RETURN TO THE BUILDING OR AREA - Until your natural gas supplier determines that it is safe to do so.
5. GET YOUR SYSTEM CHECKED - Before you attempt to use any of your natural gas appliances, your natural gas supplier or a qualified service technician must check your entire system to ensure that it is leak free.

