

Monthly NewsletterFor September 2023



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Exterminator Schedule

September 14th Jane Frazier Village, Buildings 7 – 17

September 8th Jane Frazier Village, Buildings 1 – 6

& Banneker Gardens

September 21st River Bend Court

Preventive Maintenance Inspection

September 6th Jane Frazier Village – Bldg. 9 September 7th Jane Frazier Village – Bldg. 12 September 12th River Bend Court – Bldg. 12

As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department (301)724-2055 with any deficiencies even if your inspection is scheduled in the near future.

No Smoking

Any form of **smoking including Marijuana**, is **NOT** allowed on any Federally assisted property, as marijuana is a Schedule 1 controlled substance and illegal under Federal Law. The use of Marijuana is prohibited by Federal Law on all properties and in your unit.

If evidence is found in any form of use or possession of Marijuana including gummies on the property, violators will be issued a notice to vacate.

Update on our new Computer System

The on-line portal "Rent Café" set up is delayed by a week. Therefore, you are receiving a paper rent statement for September. We will start October with your rent statement being in Rent Café.

Pay September rent the same way you paid rent for August.

You will be receiving in the mail instructions on how to set up for the Rent Café portal. If you have any problems or do not have an email address, see your property manager for assistance.

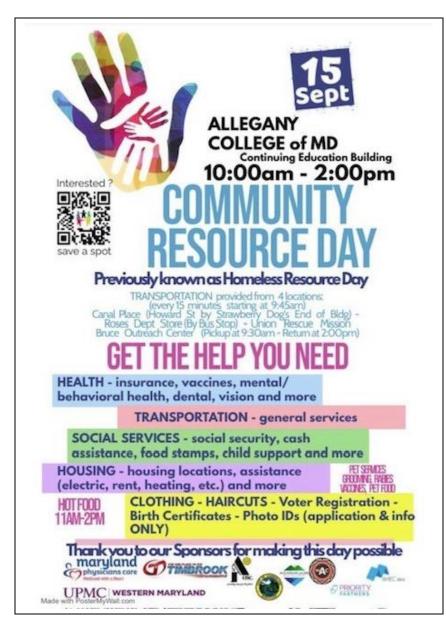
Once you have your account set up in Rent Café, you will be able to pay your rent thru the on-line portal. ACH payments will be free. Payments made by debit/credit card; you will be charged a fee.

Thank you for your cooperation while we learn this new system.

The Cumberland Housing Group Offices will be closed, on Monday, September 4th in observance of Labor Day!

Need help finding a JOB?

Stop in and see Jennifer Ensor for a list of companies that are hiring. Jennifer can also help you out completing a job application and writing a resume. To make an appointment call Jennifer at 301-724-6606, ext. 106.



Boys and Girls Club After School Program

Banneker Gardens Community Room

Help with homework, games, crafts and snacks are provided.

Maryland Wellness Presents: Breaking Through Barriers

Sept. 9th 12 – 6 pm Constitution Park Amphitheater

Featuring: Recovery, Reentry and Faith-Based Speakers, Music, Vendors and Fun Free Food, Resources and Giveaways





Sponsored by:

Allegany County Health Department Local Behavioral Health Authority, UPMC Western Maryland, Consumer Advisory Board, and Rocky Gan State Park

Never Forgotten Suicide Prevention & Memorial Walk

We walk in memory.
We walk for hope.
We walk to honor or support a loved one.
We walk for change.
We walk for awareness.
We walk because we care.

Sunday, September 24, 2023 1:00 p.m. - 3:00 p.m. Rocky Gap State Park

Schedule of Events:

1:00 p.m.: Opening ceremony

Speaker(s)

1:30 - 2:15 p.m.: Optional Walk

2:15 p.m.: Closing ceremony

Registration will start at 12:30 p.m.

For more information, please contact the Allegany County Local Behavioral Health Authority at 301-759-5070

River Bend Court Summer Lunch Program

Thank you to the Ladies that Volunteered to help with the Summer Lunch Program: Brenda Sears, Nancy Bridges and Tammy Marlin.

YMCA Play Group River Bend Court Community Room

at 10:30 am September 12th and 26th

(Second and Fourth Wednesday of every month)

Ages 5 and under!
Come have some fun.

Crime Solvers Tip Line 301-722-4300 www.allegany-mineralcountycrimeslovers.com
To report suspected Drug Activity, leave an anonymous tip at 301-759-4660.

www.cumberlandhousing.org

Medicaid or CHIP Coverage Renewal Reminder to Residents

As you may know, states have been recertifying their Medicaid and Children's Health Insurance Program (CHIP) rolls for the first time since the start of the pandemic. This means your state will use the information they have to decide if individuals and families still qualify for Medicaid or CHIP coverage. Many HUD-assisted residents are Medicaid- or CHIP-eligible, but because Medicaid and CHIP are state-run programs, it is essential that families update their contact information and renew their eligibility this year to remain covered.

Get ready to renew now

Here are some things you can do to prepare for the renewal process:

- 1. **Update your contact information -** Make sure your state has your current mailing address, phone number, email, or other contact information. This way, they'll be able to contact you about your Medicaid or CHIP coverage.
- 2. **Check your mail -** Your state will mail you a letter about your coverage. This letter will let you know if you need to complete a renewal form to see if you still qualify for Medicaid or CHIP.
- 3. Complete your renewal form (if you get one) Fill out the form and return it to your state right away to help avoid a gap in your coverage.

If you no longer qualify for Medicaid or CHIP

You may be able to buy a health plan through the <u>Health Insurance Marketplace</u>[®] and get help paying for it. Marketplace plans are:

- 4 out of 5 enrollees can find plans that cost less than \$10 a month.
- Plans cover things like prescription drugs, doctor visits, urgent care, hospital visits, and more.

For More Help

- If you're eligible, you may be able to sign up for Medicare or change your current Medicare coverage. Get started with Medicare.
- Contact your state Medicaid office for more information about Medicaid or CHIP renewal. You can find links to state contacts below.

Call the Marketplace Call Center at <u>1-800-318-2596</u> to get details about Marketplace coverage. TTY users can call <u>1-855-889-4325</u>

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

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FOOD GIVEAWAY!

September 21, 2023 Time: 2:00 pm to 4:00 pm.
St. John's Lutheran Church.
Located in the church parking lot.
400 Arch Street, Cumberland

Hope Station Wellness & Recovery

Fresh Produce
September 27, 2023 10:00 am until supplies last
Located at 632 N. Centre Street
For more information call
240-362-7168

WHAT IS CONSIDERED GOOD HOUSEKEEPING?

HUD expects you to keep a clean and orderly home according to your Lease Agreement. In fact, the standards are listed in your Lease. A clean house helps keep your family healthy, sets a good example for your children, makes it easier to find things, helps prevent fires & pest infestations, and increases overall home safety.



HOUSEKEEPING INSPECTIONS

All residents are required to keep their unit clean and free of trash, debris and clutter, as explained in the Lease ("Housekeeping Standards"). A failed annual or special housekeeping inspection may result in the termination of your Lease, so it is very important that your unit is always kept up to these required standards. If you need assistance or advice on improving your housekeeping skills, contact your Property Manager. They can give you tips on cleaning methods and products that purchase that are expensive. you can not

HOUSEKEEPING "TIPS"

- Use mild soap and water to clean inside and outside of your refrigerator, freezer and gaskets. Wiping inside with a solution of baking soda and water will help eliminate odors.
- Always clean grease and spilled food from your stovetop, wall behind your stove and surrounding areas right after cooking. Use a mild degreaser and rinse well.
- Floors should be swept, then washed with a mild detergent and rinsed thoroughly.
- Carpeted floors should be vacuumed regularly, at least once a week, to remove dirt and lint. Carpets should be professionally steam cleaned at least twice a year to keep them in good condition.
- Bathtubs, shower walls and sink surfaces should be washed with a mild, non-abrasive cleaner, then thoroughly rinsed. Never use concentrated bleach or abrasive powder, as they will scratch surfaces.
- Toilet bowls should be cleaned frequently with a mild disinfectant; also, the exterior of the toilets and bathroom floors should be cleaned and thoroughly rinsed often, as well.
- Stainless steel sinks require cleaning with a mild detergent and rinsing. Wiping dry will
 prevent spotting.
- Wash walls with a mild detergent and water. Rinse well with clear water.