



CUMBERLAND HOUSING GROUP

Tower Gazette

Monthly Newsletter for October 2023



Exterminator Schedule

October 5th Queen City Towers – Morning
October 5th John F. Kennedy – Afternoon
October 18th Grande View 101-217

Grande View Residents

October is Fire Prevention month. A representative from the Fire Department will be onsite to talk to you about Fire Prevention in amid-rise building.

When: October 11th at 11:00 am

Preventive Maintenance Inspections

October 3rd Grande View 101, 104, 105
October 5th Queen City Tower – 7th Floor
October 10th Grande View 106, 211, 212
October 17th Grande View 213, 214, 217, 219

*As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department **(301)724-2055** with any deficiencies even if your inspection is scheduled in the near future.*

Reminder of Public Hearing

The Housing Authority of the City of Cumberland is required to annually hold a public hearing regarding any changes to the goals, objectives, and policies of the public housing agency and its Capital Fund 5-Year Action Plan. Information related to any proposed changes as well as the Action Plan is available for review at the Central Office of the Cumberland Housing Group located at 635 E. First Street, Cumberland during the hours of 8:00 AM to 4:00 PM Monday through Friday, (except Holidays) or at www.cumberlandhousing.org. A public hearing will be held on November 2, 2023 at 10:00 AM, at the Jane Frazier Village Community Room connected to the Central Office. Public comments can be submitted to our office prior to the hearing or voiced at the hearing.

Reminder for Bulk Pick Up Items

BULK PICK UP WILL BE REMOVED EVERY MONDAY MORNING AT BANNEKER GARDENS, JFK AND OCT. BULK PICK UP WILL BE REMOVED EVERY TUESDAY MORNING AT JANE FRAZIER VILLAGE AND RIVER BEND COURT. ITEMS SHOULD BE PLACED *BESIDE THE DUMPSTER AND WITHIN THE CLOSURE, IF POSSIBLE.*

- DO NO BLOCK ACCESS TO THE DUMPSTER IN THE FRONT OR SIDE PANELS, IF EQUIPPED.
- DO NOT PUT ITEMS ON TOP OF THE LIDS OF THE DUMPSTERS.
- DO NOT PUT BIG ITEMS OUTSIDE BEFORE SUNDAY EVENING.

REFRIGERATORS, DRYERS, WASHERS, AIR CONDITIONERS AND TIRES ARE NOT ACCEPTED AT ANY OF OUR LOCATIONS AND WILL NEED TO BE TAKEN TO THE APPROPRIATE RECYCLING FACILITY. VIOLATORS WILL BE CHARGED.



My Groceries to Go

Those who participate in the “My Groceries to Go” program need to be home on Thursday, October 5, 2023. **JFK's** food box will arrive to your door around 9 am and **QCT's** food box will arrive to your door around 2 pm. You must sign for your food box. If you have any questions, you can call 301-783-1755.

FOOD GIVEAWAY!

Third Thursday of every month in the parking lot.
(Next one will be on October 19, 2023)

Time: 2 pm to 4 pm.

St. John's Lutheran Church.
Located in the church parking lot.
400 Arch Street, Cumberland
Questions: call 301-724-7250
All Maryland Residents are Eligible!

Adult Daycare Program

HRDC is taking applications for adult daycare. Please contact Rhonda Lowery at 301-783-1817 for information about their program.

COVID-19 Testing

PCR Testing is held on Tuesdays and Thursday @ the Allegany County Health Department from 9:00 am-12:00 pm-Drive up Only.
To Request testing please call
301-759-5015

COVID-19 Vaccines

Vaccines are held on Wednesdays @ the Allegany County Health Department from 9:00 am-12:00 pm-Walk In.

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Resident Council Meetings

QCT-Thursday October 5th @ 3:00pm
JFK-No meeting scheduled for October
JFK meetings will be held every other month.

Resident Councils serve as the voice of the residents at each public housing development. As a resident, you are automatically a member of your Resident Council. Your Resident Council needs your participation. The most important person in the Resident Council is **YOU!**

Bible Study

Roy Bible will be conducting the Bible Studies.

QCT – Saturday, October 7th & October 21st
2 pm to 3 pm in the Community Room
All Residents Welcome!

JFK – Date to be announced.

Queen City Tower Prayer Group

The **QCT** Prayer Group will be held every Tuesday from 2 pm to 3 pm in the community room. All residents are invited to attend. Jeff Steele is in charge of the group.

Game Night

Due to popular demand, Game Night at **QCT** will be held every Sunday from 6 pm to 8 pm in the community room. All residents are invited. Jeff Steele is in charge of Game Night.

Anyone Coming into the Buildings MUST Sign In

1. When buzzing in your guest/visitors or workers, remind them that they must sign in before going up to your apartment. Sign in sheet is by the elevator.
2. If you are downstairs and someone wants in, do not let them in the building. Tell them they need to buzz the tenant they are wanting to see, even if you know the person. If tenant does not respond to the buzzer, then visitor will have to come back later when tenant is home.
3. In order to keep the building free of unwanted individuals, your cooperation is needed as you are the tenants that are there 24 hours a day; going in or out of the building or just walking around downstairs. Do not let these individuals enter the building behind you and if they ask you to let them in tell them **NO** and to buzz the tenant they want to see.



Flu Clinic

On-site flu clinic will be held with PharmaCare.

JFK on October 25th from 2pm-3pm

QCT on October 26th from 2pm-3pm

Please stop by the office to sign the vaccine consent form and bring your Medicare, Medicaid and/or any other 3rd party prescription card with you for us to copy for PharmaCare.

Happy
Halloween



**The Cumberland Housing Group Offices
will be closed on
Monday, October 9, 2023
in observance of
Columbus Day!**

Project Connect Presented by the Cumberland Police Department

Project Connect is Organizations and local resources provide information and assistance for services based on individual's needs. Services Include:

- Housing
- Medical
- Clothing
- Employment peer support
- Much More
- Facebook Page

Next Project Connect event will be
October 11th 12 – 2 pm
138 Baltimore Street

Check out their Face Book Page.
[Project Connect Cumberland MD](#)

Fire Prevention Week - October 8th – 14th

Residents This would be a good time to make sure your smoke detector is working. If it is not, contact maintenance at 301-724-2055.

Look, Listen, Learn ... Be aware, a fire can happen anywhere. Keep your stove free of any flammable materials.

*"I want to be like a sunflower; so
that even on the darkest days I will
stand tall and find the sunlight." –
Unknown*

