

Monthly Newsletter For October 2023





Exterminator Schedule

October 12th Jane Frazier Village, Buildings 7 – 17

October 13^{th} Jane Frazier Village, Buildings 1-6

& Banneker Gardens

October 19th River Bend Court

Preventive Maintenance Inspection

October 3rd Jane Frazier Village – Bldg. 4 October 10th Jane Frazier Village – Bldg. 15

As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department (301)724-2055 with any deficiencies even if your inspection is scheduled in the near future.

River Bend Court Tenants

This will be your last month to receive a rent statement and newsletter. You will soon be receiving a letter advising how to set up the Rent Café online portal.

Reminder of Public Hearing

The Housing Authority of the City of Cumberland is required to annually hold a public hearing regarding any changes to the goals, objectives, and policies of the public housing agency and its Capital Fund 5-Year Action Plan. Information related to any proposed changes as well as the Action Plan is available for review at the Central Office of the Cumberland Housing Group located at 635 E. First Street, Cumberland during the hours of 8:00 AM to 4:00 PM Monday through Friday, (except Holidays) or at www.cumberlandhousing.org. A public hearing will be held on November 2, 2023 at 10:00 AM, at the Jane Frazier Village Community Room connected to the Central Office. Public comments can be submitted to our office prior to the hearing or voiced at the hearing.

Jane Frazier Village Tenants - Window Air Conditioners Must be Removed by October 31st

In accordance with your lease, all window air conditioners must **be removed from all windows by October 31**st. Any tenant that does not comply will be tagged. If Maintenance Personnel is dispatched to remove any air conditioner, a charge of \$9.40 *per air conditioner* will be posted to your account. Please remember that in addition to removing the unit, all screens must be in good repair and re-installed. Please contact the Maintenance Department during normal business hours if you require assistance in re-installing any screen. If no repairs are needed, there is no charge for this service.

Reminder for Bulk Pick Up Items

BULK PICK UP WILL BE REMOVED EVERY MONDAY MORNING AT BANNEKER GARDENS. BULK PICK UP WILL BE REMOVED EVERY TUESDAY MORNING AT JANE FRAZIER VILLAGE AND RIVER BEND COURT. ITEMS SHOULD BE PLACED BESIDE THE DUMPSTER AND WITHIN THE CLOSURE, IF POSSIBLE.

- DO NO BLOCK ACCESS TO THE DUMPSTER IN THE FRONT OR SIDE PANELS, IF EQUIPPED.
- DO NOT PUT ITEMS ON TOP OF THE LIDS OF THE DUMPSTERS.
- DO NOT PUT BIG ITEMS OUTSIDE BEFORE SUNDAY EVENING.

REFRIGERATORS, DRYERS, WASHERS, AIR CONDITIONERS AND TIRES ARE NOT ACCEPTED AT ANY OF OUR LOCATIONS AND WILL NEED TO BE TAKEN TO THE APPROPRIATE RECYCLING FACILITY. VIOLATORS WILL BE CHARGED.



Path2Help Monthly Program Highlight Archway Station, Inc. Child, Adolescent, & Young Adult Services (PRP-M)



Child, Adolescent, & Young Adult Services (CAYA) Psychiatric Rehabilitation Program for Minors (PRP-M) helps youth and young adults develop the skills needed to be successful and satisfied in their home, school/work, and social environments, with the least amount of professional support required.

CAYA services are skill-based and designed to complement, support, and strengthen the mental health (therapy and psychiatry) services the person is already receiving.

Each person receiving CAYA services works with their assigned human service worker to create an individualized, person-centered plan with goals and objectives tailored to their specific needs. Individual one-on-one sessions provide the opportunity to work on specific skills. Group sessions provide education and the opportunity to practice skills.

All families receive free access to the local bus system. Additionally, CAYA staff provides transportation for all contacts. There are no out-of-pocket costs for families receiving CAYA services.

Medicaid and provider referral are required. Referral reforms can be found on the website:

https://archwaystation.net/apply-for-services/

This program provides:

- · Person-centered, mobile, and flexible support
- · Support is available in a young person's chosen environment, home, and community
- · Individual and group supports are available

Archway Station, Inc.
45 Queen Street
Cumberland, MD 21502
Phone: 301-777-1700, ext. 2112
Email: intaketeam@archwaystation.net
Website: https://archwaystation.net

Please check out the Path2Help Resource Guide on the Allegany County Health Planning Coalition's Facebook page: Get Healthy Allegany

For questions or program suggestions, please email Carey Moffatt at <u>moffattcl@upmc.edu</u>.

Crime Solvers Tip Line 301-722-4300
www.allegany-mineralcountycrimeslovers.com
To report suspected Drug Activity, leave an anonymous tip at 301-759-4660.



www.cumberlandhousing.org

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

Happy Halloween



Adult Daycare Program

HRDC is taking applications for adult daycare. Please contact Rhonda Lowery at 301-783-1817 for information about their program.

Need help finding a JOB?

Stop in and see Jennifer Ensor for a list of companies that are hiring. Jennifer can also help you out completing a job application and writing a resume. To make an appointment call Jennifer at 301-724-6606, ext. 106.

The Cumberland Housing Group Offices will be closed, on Monday, October 9th in observance of Columbus Day!

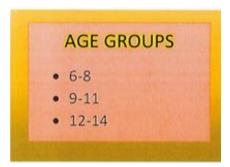


Please join us for the 2023 Fire Safety Poster Contest!



Schedule

- Jane Frazier Community Room October 2nd 1:00-2:30 pm
- Riverbend Court Community Room October 2nd, 3:00-4:30 pm
- Banneker Gardens Community Room October 4th 3:00-4:00 pm



1st, 2nd, & 3rd
place prizes will
be awarded in
each age group

October 8th thru 14th - Fire Prevention Week

This year's campaign, "Cooking safety starts with YOU! Pay attention to fire prevention." This year's focus on cooking safety works to educate about important steps you can take to help reduce the risk of fire when cooking at home.

Some steps to follow:

- Always keep a close eye on what you are cooking. For foods with longer cook times, such as those that are simmering or baking, set a timer to help monitor them carefully.
- Clear the cooking area of combustible items and keep anything that can burn, such as dish towels, oven mitts, food packaging, and paper towels.
- Turn pot handles toward the back of the stove. Keep a lid nearby when cooking. If a small
 grease fire starts, slide the lid over the pan and turn off the burner.
- Create a "kid and pet free zone" of at least three feet (one meter) around the cooking area and anywhere else hot food or drink is prepared or carried.
- Avoid distractions that remove your focus from what's on the stove.
- To learn more about Fire Prevention Week and this year's theme, "Cooking safety starts with YOU! Pay attention to fire prevention," visit www.fpw.org. Additional Fire Prevention Week resources for children, caregivers, and educators can be found at www.sparky.org and www.sparkyschoolhouse.org.

ANGEL TREE 2023

Christmas Assistance Application information ACCEPTABLE DOCUMENTS



· Photo ID

- · Government Issued Photo ID
- · For Minors ONLY Birth Certificate
- · Proof of Residency
- Utility Bill
- · Lease
- · Proof of Income
- · Pay Stubs, TCA Award Letter
- · SSI/SSDI Award Letter
- If no income, must upload document explaining how financial needs are met

Food Stamps

- First page of most recent Food Stamp Award letter – must show household members
- · Birth Certificate for children
- · Birth Certificate
- Current Medicaid Card showing name and birthdate
- · Proof of Custody
- · Custody Document from Court
- · Birth Certificate
- · Food Stamp Award Letter

ALL household members MUST be included on all applications.

Do not upload Social Security Cards!

Other Christmas Assistance Resources Children up to age 14- www.toys4happiness.org Children up to age 17- www.toysfortots.org

FOOD GIVEAWAY!

October 19, 2023 Time: 2:00 pm to 4:00 pm.
St. John's Lutheran Church.
Located in the church parking lot.
400 Arch Street, Cumberland

Halloween Family Celebration

Canal Place Saturday, October 18th 11 am – 2 am

Fun for the whole family of ghosts, goblins and witches! Costume contest, goodie bags, trick-ortreating and more!

Breastfeeding Support Group

South Cumberland Library Seymour Street Wednesday, October 4th 12:30 pm – 2:30 pm

Fire Prevention Week - October 8th - 14th

Residents This would be a good time to make sure your smoke detector is working. If it is not, contact maintenance at 301-724-2055.

Look, Listen, Learn ... Be aware, a fire can happen anywhere. Keep your stove free of any flammable materials.

Boys and Girls Club After School Program Banneker Gardens Community Room

Help with homework, games, crafts and snacks are provided.

YMCA Play Group
River Bend Court Community Room

October 10th and 24th at 10:30 am

Ages 5 and under! Come have some fun.







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Project Connect Presented by the Cumberland Police Department

Project Connect is Organizations and local resources provide information and assistance for services based on individual's needs. Services Include:

- Housing
- Medical
- Clothing
- Employment peer support
- Much More
- Facebook Page

Next Project Connect event will be October 11th 12 - 2 pm 138 Baltimore Street

Check out their Face Book Page. Project Connect Cumberland MD











OCTOBER 2023

Western Maryland Job Centers offer FREE online workshops!

The Maryland Department of Labor and Western Maryland American Job Centers are offering online educational workshops that are FREE to the public. Registration is required in advance. Please follow the registration directions and include in your communications, your name, phone number and the title of the workshop for which you plan to participate. Workshop facilitators may ask for additional proof of identification, upon registration.

> Interviewing Techniques — Learn employers' tips about successful interviews. October 4, 10:00am - 11:15am

> > Register by emailing Cassandra.Baker@maryland.gov

Resume ABCs - Learn strategies and tips on how to create a successful resume.

October 6, 10:00am - 11:30am

Register by emailing Deborah.Wachter@maryland.gov

Job Searching Using Social Media - Learn how to find open jobs on social media.

October 10, 10:00am - 11:00am Register by emailing Katie.Marvin@maryland.gov

Basic Interviewing Skills - Learn tips for effective interviewing for jobs.

October 10, 1:00pm - 2:00pm

Register by emailing Benjaminj.Russell@maryland.gov

In Search of Remote Work - Learn how to find remote jobs and whether they are right for you.

October 13, 10:00am - 11:30am

Register by emailing Jennifer.Allnutt@maryland.gov

Know Your Rights - Learn about expungement and employment rights.

October 19, 11:00am - 12:00pm

Register by emailing sparsons@mdlab.org

Job Searching Using Social Media - Learn how to find open jobs on social media.

October 24, 10:00am - 11:00am

Register by emailing Katie.Marvin@maryland.gov

Basic Interviewing Skills – Learn tips for effective interviewing for jobs.

October 24, 1:00pm - 2:00pm

Register by emailing Benjaminj.Russell@maryland.gov

Linkedin for Job Seekers – Build a successful Linkedin profile for job seeking.

October 27, 10:00am - 11:00am

Register by emailing Karl.Kohler@maryland.gov





Equal Opportunity Employer/Program: American Job Centers are committed to diversity in the workplace and do not discriminate on the basis of race, religion, color, gender, age, orientation, national origin or disability. Auxiliary aids and reasonable accommodations are available upon request.

Wes Moore, Governor • Aruna Miller, Lt. Governor • Portia Wu, Secretary

