



**CUMBERLAND HOUSING
GROUP**

Monthly Newsletter

For July 2023



Exterminator Schedule

July 13 th	Jane Frazier Village, Buildings 7 – 17
July 14 th	Jane Frazier Village, Buildings 1 – 6 & Banneker Gardens
July 20 th	River Bend Court & 1034 Frederick Street

Preventive Maintenance Inspection

July 10 th	River Bend Court, Bldg. 11
July 11 th	Jane Frazier Village, Bldg. 16
July 12 th	Banneker Gardens, 201 - 203

*As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department **(301)724-2055** with any deficiencies even if your inspection is scheduled in the near future.*

**DO NOT SET AIR CONDITIONERS
BELOW 68 DEGREES!!!!**

No matter what the outside temperature, do not set your air conditioner below 68 degrees. This is what causes the air conditioners to freeze up and not work at all. Tenants can be charged if the air conditioner breaks as a result of doing this. A good idea is to pull your window shades and keep the air conditioner set at 70 degrees to keep your entire apartment cool.

Jane Frazier Residents

Replacement of Dumpster Enclosure

On July 5th, work will begin to replace the dumpster enclosure at the end of Building 13. The dumpsters will be moved to the parking spaces beside the existing enclosure. Please avoid the area while work is ongoing. Please do not let your children play in that area, especially after the new concrete is poured.

Banneker Garden Residents

During the week of July 17th, Maintenance Personnel will be changing all HVAC filters. No entry will be made before 8:00 a.m. If you are not at home at the time of entry, a notice will be left.

Snap Recipients

“Heat and Eat” \$21.00 payment to some

Some SNAP customers were issued a \$21.00 cash payment on their EBT card this year.

This benefit will be paid once per year and is called "Heat and Eat".

This benefit is automatically paid to SNAP customers who do not actively receive MEAP (Maryland Energy Assistance Program).

MEAP files are compared to SNAP files and the eligible households (SNAP households that do not actively receive MEAP) are electronically identified for eligibility and electronically paid. The local department can neither identify customers that might be eligible or issue payment as this is all done through an electronic match.

Playground Surfaces

As a reminder, the main playground surface and equipment absorbs heat and can get extremely hot during very sunny days. Please do not allow your children to remove their shoes if they are walking on the surface.





Robotics Summer Camp

REACT
Robotics and Engineering
in Allegany County - Together

AUGUST 7-11

GR. 1-3: 1-3 PM
GR. 4-8: 9 AM-12 PM

Cost \$55

Allegany College of Maryland - Technology Building

LEARN TO BUILD AND CODE LEGO ROBOTS!

Highly recommended for anyone participating in First LEGO League in the fall. Afternoon camp is advised for kids entering grades 1-3. Morning camp is suggested for kids entering grades 4-8. Financial need scholarships are available.

barry@reactallegany.org

Risk Control Policy

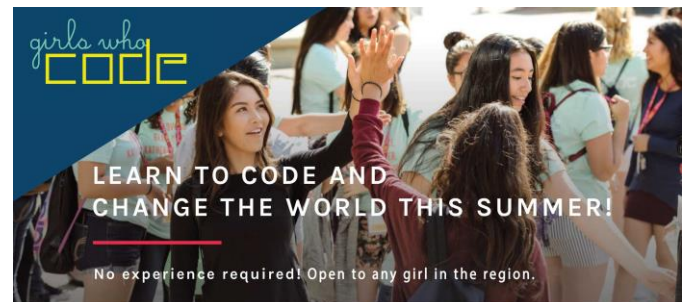
The Cumberland Housing Group considers the safety of its residents, its staffers, and other members of the public who come in contact with its facilities or services to be of utmost importance. The Cumberland Housing Group will not tolerate unsafe acts or conditions created by its staffers or tenants. It is a positive responsibility of the Cumberland Housing Group staffers and tenants to bring any and all unsafe conditions promptly to the attention of management. All concerned are expected to adhere to the safety rules and procedures relevant to their employment or residency responsibilities, including such matters as safe driving, proper use of equipment and appliances, and adequate supervision of and concern for small children. Fulfillment of safety responsibilities should be considered in the performance evaluation of each Cumberland Housing Group staffer. The Cumberland Housing Group commits to make every effort to comply with all local, state and federal safety and health regulations and to enforce the policies and procedures set forth in its own Risk Control Guide and related health and safety plans.

Reminder....
SWIMMING POOLS
or any other
water based entertainment
item of any size is
NOT ALLOWED

Most Fire Works are against the law and are NOT allowed on any housing property.

All offices of the Cumberland Housing Group will be closed July 3rd and 4th in celebration of Independence Day.

Have a Safe & Happy 4th of July.



girls who **code**

LEARN TO CODE AND CHANGE THE WORLD THIS SUMMER!

No experience required! Open to any girl in the region.

Join us for a FREE Summer Camp!



SISTERHOOD
You'll learn in a supportive, girls-only environment and make lifelong friendships!

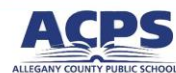
August 7-11, 2023
1:00 PM - 4:00 PM

Allegany College of Maryland
Technology Building
Cumberland, Maryland

Girls Who Code summer camp is available for girls entering into grades 6-8. Computers, curriculum, and snacks provided. Transportation is NOT provided.

Register Now for Summer 2023
bit.ly/GWC2023camp

QUESTIONS?
CONTACT AUTUMN BECKER
abecker@allegany.edu



Thank you
to our Summer Camp
SPONSORS!

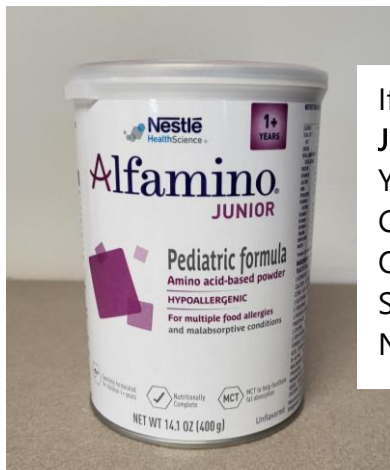


Allegany County Health Department Outpatient Addiction Services

Services Provided:

- Individual, Family, and Group Therapy
- Intensive Outpatient Program
- Continuing Care (Assists patients after traditional treatment has ended)
- Peer Support
- Jail Substance Abuse program (JSAP)
- Adolescent Program
- Overdose Response Program (Naloxone training)
- 12-Hour DWI Education
- Gambling Services
- Buprenorphine Services
- Walk-In Services (Monday - Friday, 8:30 a.m. to 3:00 p.m.)

For more information, call 301-759-5050.



If in need of **Alfamino Junior formula** for 1+ Years, stop in at the Cumberland Housing Office, 635 E. First Street. Formula expires November 2024.

Summer **FREE** Lunch Program River Bend Court Community Room

Noon

Monday thru Thursday

Sponsored By:

Emmanuel Episcopal Church

UPCOMING CHANGES TO RENT PAYMENTS DUE TO NEW COMPUTER SYSTEM

This will have an effect on your August rent payment!

The Housing Authority will be transitioning to a new computer software at the end of July and during August.

You will still be able to pay by check and money order. There will be changes to other forms of payments. Read below:

➤ The new system will have an online portal for applicants and residents called RentCafe. Residents will be able to use the portal to pay rent with debit/credit card and ACH (withdraw from your bank account).

➤ The current bank payments at First United Bank will end on July 15, 2023.

➤ The current credit card link from our website will no longer be available for use as of July 15, 2023.

➤ The current payment that comes directly out of your bank account automatically will end after payment of your July rent.

➤ Once the system is able to be used, we will notify all tenants on how to easily sign up for RentCafe.

Make arrangements now to pay by check or money order for your August rent.

**PLEASE BE PATIENT WITH US
AS WE LEARN AND NAVIGATE A
NEW SYSTEM!**



FOOD GIVEAWAY!

Third Thursday of every month in the parking lot.
Next one will be on July 20th
Time: 2 pm to 4 pm.

St. John's Lutheran Church in the parking lot.
400 Arch Street, Cumberland
Questions: call 301-724-7250
All Maryland Residents are Eligible!

Hope Station Wellness & Recovery

Fresh Produce

July 28th until supplies last
632 N. Centre Street

For more information call 240-362-7168.

(Fresh Produce, bring your own bag)



YMCA Play Group at River Bend Court Community Room

at 10:30 am

July 12th and 26th

(Second and Fourth Wednesday of every month)
Ages 5 and under! Come have some fun.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Crime Solvers Tip Line 301-722-4300

www.allegany-mineralcountycrimesolvers.com

To report **suspected Drug Activity**, leave an anonymous tip at 301-759-4660.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Sheppard Pratt Veterans Services



Sheppard Pratt's Veterans Services offer suicide prevention services, housing and housing assistance, employment solutions, case management, benefits assistance, and health navigation for eligible veterans who are homeless or at risk of becoming homeless. Services are available across Maryland.

Staff Sergeant Fox Suicide Prevention Program

A community-based suicide prevention program serving Maryland, designed to meet the needs of eligible veterans and their families by improving baseline mental health and wellbeing, social supports and financial stability. We connect veterans to benefits, VA care and community resources.

Supportive Services for Veterans Families (SSVF)

Through SSVF, we help veterans and their families secure permanent housing. SSVF provides case management and temporary financial assistance with rent, moving or related expenses. SSVF also includes Shallow Subsidy housing services, legal aid, and health navigation.

Homeless Veteran Reintegration Program (HVRP)

HVRP helps veterans get meaningful employment through certification programs, training, and job placement. We collaborate with public and private partners to provide supportive services and access to housing.

North Point Veterans Program: Housing Program for Homeless Veterans

North Point Veterans Program is a transitional housing program for homeless male veterans, which provides treatment for mental health and/or substance use disorder diagnosis. We provide employment support, financial counseling, assistance securing benefits, mental healthcare, recovery-oriented services, and more.

To learn more about Sheppard Pratt's Veterans Services, email veterans@sheppardpratt.org or call 410-938-4357.



JULY 2023

Western Maryland Job Centers offer FREE online workshops!

The Maryland Department of Labor and Western Maryland American Job Centers are offering online educational workshops that are **FREE** to the public. Registration is required in advance. **Please follow the registration directions** and include in your communications, your name, phone number and the title of the workshop for which you plan to participate. Workshop facilitators may ask for additional proof of identification, upon registration.

Resume ABCs – *Learn strategies and tips on how to create a successful resume.*

July 7, 10:00am – 11:30am

Register by emailing Deborah.Wachter@maryland.gov

Job Searching Using Social Media – *Learn how to find open jobs on social media.*

July 11, 10:00am – 11:00am

Register by emailing Katie.Marvin@maryland.gov

In Search of Remote Work – *Learn how to find remote jobs and whether they are right for you.*

July 11, 10:00am – 11:30am

Register by emailing Jennifer.Allnutt@maryland.gov

Basic Interviewing Skills – *Learn tips for effective interviewing for jobs.*

July 11, 1:00pm – 2:00pm

Register by emailing Benjaminj.Russell@maryland.gov

Interview Techniques – *Learn employers' tips about successful interviews.*

July 12, 10:00am – 11:15am

Register by emailing Cassandra.Baker@maryland.gov

Know Your Rights – *Learn about expungement and employment rights.*

July 13, 11:00am – 12:00pm

Register by emailing sparsons@mdlab.org

Starting Over After a Job Loss – *Find out about coping and job seeking strategies.*

July 14, 10:00am – 12:00pm – *MWE advance registration required*

Register by emailing Jennifer.Allnutt@maryland.gov

LinkedIn for Job Seekers – *Build a successful LinkedIn profile for job seeking.*

July 21, 10:00am – 11:00am

Register by emailing Karl.Kohler@maryland.gov

Federal Jobs Workshop – *Learn techniques for finding the right federal job.*

July 25, 9:30am – 12:30pm – *MWE advance registration required*

Register at least one week prior, by emailing Jennifer.Allnutt@maryland.gov

Job Searching Using Social Media – *Learn how to find open jobs on social media.*

July 25, 10:00am – 11:00am

Register by emailing Katie.Marvin@maryland.gov

Basic Interviewing Skills – *Learn tips for effective interviewing for jobs.*

July 25, 1:00pm – 2:00pm

Register by emailing Benjaminj.Russell@maryland.gov



Your Credit History

Your credit history is important. It tells businesses how you pay your bills. Those businesses then decide if they want to give you a credit card, a job, an apartment, a loan or insurance. Find out what is in your credit report. Be sure the information is correct. Fix anything that is not correct.

How do I check my credit report?

This is easy to do by phone:

- Call Annual Credit Report at 1-877-322-8228
- Answer questions from a recorded system. You have to give your address, Social Security number, and birth date.
- Choose to only show the last four numbers of your Social Security number. It is safer than showing your full Social Security number on your report.
- Choose which credit reporting company you want a report from. (You get one free report from each company every year.)
- That company mails your report to you. It should arrive 2-3 weeks after you call.

What do I do with my credit report?

Read it carefully. Make sure the information is correct:

- Personal information-are the name and address correct?
- Accounts-do you recognize them?
- Is the information correct?
- Negative information-do you recognize the accounts in this section of the report?
- Is the information correct?
- Inquiries-do you recognize the places you applied for credit? (If you do not, maybe someone stole your identity.)

The report will tell you how to improve your credit history. Only you can improve your credit history. It will take time. But if any of the information in your report is wrong, you can ask to have it fixed.

How do I fix mistakes in my credit report?

- Write a letter. Tell the credit reporting company that you have questions about your report.
- Explain which information is wrong and why you think so.
- Say that you want that information corrected or removed from your report.
- Send a copy of your report with the wrong information circled.
- Send copies of other papers that help explain your opinion.
- Send this information Certified Mail. Ask the post office for a return receipt.
- The reporting company must look into your complaint and answer you in writing.

The receipt is proof that the credit reporting company got your letter.

