

GROUP

Tower Gazette

Monthly Newsletter for March2023





Exterminator Schedule

March 2nd Queen City Towers – Morning March 2nd John F. Kennedy – Afternoon March 15th Grande View 218 - 335

Preventive Maintenance Inspections

March 2nd Queen City Tower – 8th Floor

As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs. Entry is **Mandatory** in order to do Inspections as well as repairs. Please continue to call the Maintenance Department (301)724-2055 with any deficiencies even if your inspection is scheduled in the near future.

Renew Medicaid or CHIP Coverage!

Starting April 1, 2023, states will restart yearly Medicaid and Children's Health Insurance Program (CHIP) eligibility reviews.

This means states will use the information they have to decide if family members still qualify for Medicaid or CHIP coverage. **Most children can still be covered through CHIP.**

If a state needs more information to make a coverage decision, they'll send a renewal letter in the mail, so it's important for anyone who has moved that their contact information remains up-to-date.

If you need to report changes you can call the local Health Department Medicaid eligibility number at 301-759-5076.

Fire Hazard and Prevention Tips for Electric Scooters and Bikes

Multifamily owners, management agents, and residents can do their part to help prevent electric scooter and bike related fires. U.S. Consumer Product Safety Commission recommends following these guidelines:

- Always be present when charging devices using lithium-ion batteries.
- Only use the charger that came with your device.
- Only use an approved replacement battery pack.
- Follow the manufacturer's instructions for proper charging and unplug the device when done.
- · Never charge while sleeping.
- Never use these devices with a battery pack that has been modified/reworked by unqualified personnel or with re-purposed or used cells.
- Never throw lithium batteries into the trash or general recycling.
 Instead, take them to your local battery recycler or hazardous waste collection center.



Don't forget to set your clocks ahead on Sunday, March 12, 2023 at 2 am. (Change to 3 am)



COVID – 19 Information

To get the latest on the COVID-19 Vaccine, call the COVID-19 call the Allegany County Health Department at 240-650-3999.

Queen City Tower Prayer Group

The QCT Prayer Group will be held every Tuesday from 2 pm to 3 pm in the community room. All residents are invited to attend. Jeff Steele is in charge of the group.

Game Night

Due to popular demand, Game Night at QCT will be held every Sunday from 6 pm to 8 pm in the community room. All residents are invited. Jeff Steele is in charge of Game Night.

Bible Study

Roy Bible will be conducting the Bible Studies.

QCT – Saturday, March 4th and 18th 2 pm to 3 pm in the Community Room All Residents Welcome!

JFK – Saturday, March 11th and 25th 2 pm to 3 pm in the Community Room All Residents Welcome!

Resident Council Meetings

Queen City Tower

Thursday, March 9th at 3 pm

John F Kennedy

Wednesday, March 15th at 3 pm

Resident Councils serve as the voice of the residents at each public housing development. As a resident, you are automatically a member of your Resident Council. Your Resident Council needs your participation. The most important person in the Resident Council is **YOU!**

Queen City Tower Resident Council Election

Tuesday, April 18, 2023 Time- 2 pm to 2:30 pm Community Room

Rhonda Roy, Resident Board Member representative, will be counting the ballots.

Any resident who would be interested in running for any of the positions can do so by signing up on the sheets posted on the first-floor bulletin board (to the left of the elevators) by Tuesday, April 11, 2023, until 4 pm. Residents running for an office may campaign after the last day of registration. No campaigning may be done on the first floor the day of the elections. The Executive Officers of the Council shall hold office until his/her successor shall have been duly elected and shall have qualified. Election will be by a secret paper ballot. See By-Laws posted on first floor.

My Groceries to Go

Those who participate in the "My Groceries to Go" program need to be home on Thursday, March 2, 2023. John F. Kennedy's food box will arrive to your door around 9 am and Queen City Tower's food box will arrive to your door around 2 pm. You must sign for your food box. If you have any questions, you can call 301-783-1755.

FOOD GIVEAWAY!

Third Thursday of every month in the parking lot.
(Next one will be on March 16, 2023)
Time: 2 pm to 4 pm.

St. John's Lutheran Church. Located in the church parking lot.

400 Arch Street, Cumberland Questions: call 301-724-7250 All Maryland Residents are Eligible!

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Hope Station Wellness & Recovery

Fresh Produce
Wednesday, March 22, 2023
10 am until supplies last
632 N. Centre Street
For more information call
240-362-7168
(Fresh Produce, bring your own bag)

Paying your rent online is EASY!

Go to <u>cumberlandhousing.org</u> and click on the "Click here to make an online payment" tab. No need to leave home, go to the bank, or get a ride to one of our offices. And no need for the hassle of buying money orders, envelopes, or stamps. Remember that you rent is due on the 1st but we give you a grace period until the 7th to pay your rent.



Attention Residents: Health Right is no longer available. See below.

Many of our residents have been assisted by Allegany Health Right with dental needs over many years. It has definitely helped residents immensely with dental needs. Please feel free to contact the agencies listed below highlighted in yellow if you have dental needs that you cannot afford to pay for. You can also contact your Service Coordinator if you need additional help with this. You may contact Pama Wilson at 301-722-7977 or 301-724-1544 (hi-rises residents) or Jennifer Ensor at 301-724-6606, extension 106 for the family developments.



Health Right

After two decades, low-income

dental services program draws to a close

Health Right has been assisting with dental treatment since 2003, first as part of the independent non-profit agency Allegany Health Right, and for the past 5 years as a program of AHEC West. This has been made possible by grants and donations from a variety of funders, and with the support of a number of practitioners who have generously provided discounted treatment for Health Right participants. The program has enabled hundreds of low-income adults to receive treatment each year, at no cost to the participant. In 2022, 421 individuals were served.



Unfortunately, without consistent or guaranteed funding, sustaining the program at the funding level needed has been enormously challenging. This factor, combined with Maryland's expansion of dental coverage under Medicaid effective January 2023, has led to

the decision that it is time to bring the program to a close.

The community is fortunate to have other resources that may be able to assist with reduced cost dental care. Those needing assistance are encouraged to explore the available services and eligibility requirements of these resources: the Health Department dental offices in Allegany and Garrett counties, Hyndman Area Health Center, Family Healthcare of Hagerstown, the Dental Hygiene Clinic of Allegany College of Maryland, the E. A. Hawse Health Centers in West Virginia, and Donated Dental Services of the Maryland Foundation of Dentistry.

The list of those who have supported Health Right is very long – much too long to list here. It includes public, private, and non-profit sources of grants and donations, and clinical support from practitioners in public health and private practice. We are enormously grateful to all for working with us, and for what their support has meant for those who have been helped with treatment. We have been blessed to work with these caring funders and dental partners, with the agency personnel and health care professionals in the community who have referred individuals to us, and with our wonderful program participants. We extend our gratitude to all who have been part of this effort.



Need a Birth Certificate?

If you were born after 1940 in Maryland, go to the Allegany County Health Department, 12501 Willowbrook Road Cumberland. Hours of Operation: Monday through Friday, 8:00 am to 3:30 pm

- Cost \$20.00 payable by cash, local check, Visa, MasterCard and Discover.
- Certified birth certificates can be acquired within a half hour if all guidelines are met.
- Government issued ID required: valid driver's license, United States Passport, DMV photo ID card, military photo ID.
- NO side view photo ID's, ID's that are expired, cracked, chipped, broken or peeling will not be accepted.
- ID's must include an issue date and an expiration date. If the ID does not include a full middle name, an additional form of ID will be required, such as a Social Security Card.
- There is no fee for a copy of a birth certificate of a current or former armed forces member. Specific documentation is required for the military. Call 301-759-5119 for more information.
- Birth certificates for years prior to 1940 must be requested from the Division of Vital Records, 6550 Reisterstown Road, Baltimore, MD 21215. The fee is \$10.00 when applying to the Baltimore office.

Need a Photo ID?

- The MVA is located at 13300 Winchester Road SW Cumberland. Phone is 410-768-7000.
- Hours of operation are Monday-Wednesday and Friday: 8:30am 4:30 pm, Thursday 8:30 am 6:30 pm and Saturday from 8:00 am 12:00 pm.
 You must make an appointment.
- There are no age requirements to obtain a Maryland identification card.
- Bring proof of identity and date of birth such as a birth certificate or a valid United States Passport.
- Bring 2 documents proving your Maryland residency such as a utility, telephone, cable or satellite bill, property tax bill, MD vehicle registration, vehicle insurance card, checking or savings account statement, residential rental contract, deed or proof of home ownership, mail from a federal, state or local government agency, credit card statement, selective service card. The utility bill, etc. should be within the last 6 months.
- Bring proof of your social security number such as original social security card, recent W-2 or 1099 form or proof of ineligibility. All copies must be original, certified or true test copies. Be certain that the 1099 contains your full Social Security number.
- Fee is \$15 for younger than 18 years old, \$24 for older than 18 years old. Duplicate cards are \$20. Older than 65 and disabled residents are free.

Need a Social Security Card?

- The Social Security office is located at 217 Glenn Street, Suite 100 in Cumberland close to the Downtown YMCA and the VA clinic. Phone number is 866-964-7409.
- Hours are Monday through Friday from 9:00 am 4:00 pm.
- Call 1-866-964-7409 from 9 am to 4 pm or 1-800-772-1213 between 7 am and 7 pm, Monday through Friday if you have any questions.
- Documentation you should bring (if available): MVA ID card, Driver's license, medical assistance card, and/ or valid passport.

Keep a copy of this page for future use.

Attention Tenants

Any documents you receive from your Property Manager, need to be signed and returned to the office immediately.



