



**CUMBERLAND HOUSING
GROUP**

Monthly Newsletter

For December 2022



Exterminator Schedule

December 8th Jane Frazier Village, Buildings 7 – 17
December 9th Jane Frazier Village, Buildings 1 – 6
& Banneker Garden
December 15th River Bend Court

*Merry Christmas from the
Cumberland Housing Group
Board, Administration, Property
Management, Maintenance & Security*



*The Cumberland Housing Group
Offices
Will be Closing at Noon on
December 15th and will be closed December
26th in celebration of Christmas!*

**Jane Frazier and Banneker Garden Tenants
Upcoming Door Knob and Key Replacement**

The locks on your entrance doors to your apartment are going to be replaced. A tentative start date will be the week of January 9th. You will be notified at a later time with the exact date as to when you can come into the office to return your keys and pick up the new keys.

Your door knobs will be replaced with a door handle. The keys will be replaced with a Mul-T-Lock key. This key is special and cannot be duplicated at any store.

Enclosed with your rent statement is a “Key/Key Card Request” form to be complete by the Head of Household and returned to the office by December 9, 2022. Make sure that you list each person that will need a key. Only two keys will be made for each unit to be given to tenants. (If only one person on the lease, then only one key will be given out.) If you need additional keys for children that are 13 or older, make sure to include them on the form. You will also need to pay for these additional keys.

The new style keys are substantially more expensive. The cost of the key is currently \$22.65 each if you need an additional key or a key replacement.

Going forward after you receive the keys, if you lose your key or need an additional key, you will need to see your property manager so that you can complete the “Key/Key Card Request” form. The payment for the additional key or replacement key has to be paid for at the time you receive the key. Keys that are requested do take some time to process the correct paperwork and also to have made, so it could take a few days before a key is available to pick up.

SNOW REMOVAL

A major concern during winter is the **clearing of ice and snow**. Residents of Jane Frazier Village, River Bend Court & Banneker Gardens are responsible for clearing ice and snow from the front and rear sidewalks leading to their units within 24 hours of the end of precipitation as per City of Cumberland ordinance. Residents who fail to promptly clear their walks within that time will be charged when the Maintenance Department has to perform the work. Residents should exercise good judgment in placing snow that they remove from the walks. Never throw it out into the streets or other areas where your neighbors or the Maintenance Department will have to move it again. Do not place shoveled snow against the building or foundation. Please do not use salt or other chemicals on your walks as they damage the concrete, grass and plants. You can use kitty litter. The Maintenance crews get to the public walks and drive areas as soon as possible. Residents may be required to move their vehicles to allow for clearing of snow.



Alzheimer's Association

The Alzheimer's Association is dedicated to promoting awareness of the latest Alzheimer's research, resources, and news. Please read the articles on the website or sign up for the e-newsletter to stay informed on the global fight against Alzheimer's.

24/7 Hotline: 1-800-272-3900

www.alz.org/maryland

**Greater Cumberland Maryland
(Maryland's local chapter)
Offices in Frederick, Salisbury, Towson**

Alzheimer's Association offers a variety of virtual events ONLINE. You can find the virtual events and programs online on the [Community Resource Finder](#) or contact our [24/7 Helpline](#) at 800-272-3900 for details.

Currently there are no local Alzheimer support groups.

Allegany College Scholarship

If you are attending Allegany College, live in one of our communities and qualify for financial aid, the Housing Authority scholarship may be just for you.

The scholarship picks up transportation, lunches and expenses not covered by your Pell Grant.

Applications can be picked up at the Housing Authority Office. Deadline to apply for the Spring Semester is Friday, December 9, 2022.

Paying your rent online is EASY!

Go to cumberlandhousing.org and click on the "Click here to make an online payment" tab. No need to leave home, go to the bank or get a ride to one of our offices. And no need for the hassle of buying money orders, envelopes or stamps.

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5093 or Maryland's Quit line at 1-800-784-8669.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.

Crime Solvers Tip Line 301-722-4300

www.allegany-mineralcountycrimeslovers.com

To report **suspected Drug Activity**, leave an anonymous tip at 301-759-4660.

FOOD GIVEAWAY!

Third Thursday of every month
in the parking lot.

(Next one will be on

December 15, 2022).

Time: 2 pm to 4 pm.

St. John's Lutheran Church.

**Located in the
church parking lot.**

400 Arch Street, Cumberland

Questions: call 301-724-7250

All Maryland Residents are Eligible

COLA Increase 2023 -

**Award Letters Must Be Given
to Managers**

**Please report your increase
to your property managers
as soon as you get
your statement of increase.**

The federal government announced in October that the Social Security Cost of Living Adjustment (COLA) for 2023 will be 8.7% increase. Social Security recipients will receive a notice in the mail in December showing their new benefit amount. Social Security Recipients will see an increase in their January 2023 payment. Those receiving SSI will see an increase on December 30, 2022 (but this is your January check coming in December due to the January 1st holiday.)





BOYS & GIRLS CLUB

After School Program

Free – No Fee to Participate
Just stop in the Housing Office
or Community Center
to pick up an application.

**Movie
Night**

Banneker Gardens

Monday thru Friday 3:30 PM – 6:00 PM
Help with homework, games, crafts
and snacks are provided.

River Bend Court

Tuesday & Thursday
Youth Social 3:30 PM – 4:30 PM
Movie Time 4:30 PM – 6:00 PM



Jane Frazier Village

Monday & Wednesday 6:00 PM – 8:00 PM

Teen - Popcorn & Movie Night

This event will run every Monday & Wednesday at Jane Frazier Housing Complex, unless otherwise, or inclement weather. Join us in celebrating great movies with friends, food, and more!!

All participants, "MUST" have a completed application to enter, no exceptions.

2022 Fire Safety Poster Contest Winners

Age Group 6-9:



1st - Rosalei Hutton



2nd - Giselle Jessie



3rd - Taylyne Herbaugh

Age Group 10-14:



1st Place - Aalyiah Alkire



2nd - Adyson Moreland



3rd - Gracelynn Merrbach

Literacy Night is Back
Ages 0 – 5 years old
Parents must be present.



Jane Frazier
Office across from the
Community Center

December 12th
4:30 PM– 5:30 PM

Story Time, Activity, Snack &
You get to take home a
FREE book.

Y Family Center Playgroup

Birth to 4 years old

JFV Community Room

December 7th &
December 21st
11:00 AM - Noon

Enjoy a craft, a free
book, snack and
monthly giveaways!



Holiday Safety Tips

- Keep tree away from heating vents.
- Use only lights that have been tested for safety.
- Don't use more than 3 sets of lights per extension cord.
- Never run cords under rugs or carpet.



HOLIDAY DECORATIONS

1. No live Christmas trees on any CHG properties.
2. Holiday lights and decorations are allowed indoors. However, you cannot tape the lights and decorations to the walls and woodwork. This leaves a sticky residue and can remove the paint and finish.
3. No lights or electrical holiday decorations are allowed on the outside of rental units unless solar or battery powered. Due to health and safety violations, electrical cords are not permitted to be run through the windows and doors at any time.
4. No lights should be left burning during the daylight hours and should be turned off by 11:00 p.m.
5. Residents of buildings with interior halls, elevators, railings, stair towers, etc. are not permitted to place any decorations in or on any of these areas. Decorations are limited to the interior of the unit.

Breakfast with Santa

Saturday, November 26 Café Mark
37 Baltimore Street • 301-777-0037

8:30 AM – 11:00 MA

Order from menu; Kids free with adult purchase. Parties limited to five guests.

Saturday, December 3
Culinaire Café Gateway Center
110-114 Baltimore Street • 301-784-5406

Two seatings: 9AM and 10:30 AM

Adults \$14 - Children under 12, \$7

Reservations Required

Saturday, December 10 Queen City Creamery
108 Harrison Street • 301-777-0011

Three seatings: 8 AM, 9:15 AM and 10:30 AM

Adults \$12 - Children \$7

Reservations Required

Saturday, December 17 Mezzo Brunch
114 S. Centre Street • 301-777-7750

9:30 AM - 12:30 PM

Adults \$12 - Children 12 and under \$6.50

Reservations Required

*Kids....Call **Santa** and
tell him what you want
for Christmas!
(951) 262-3062*



Reindeer Cookies

4 ounces butter

4 ounces sugar

6 ounces flour

1 tablespoon cocoa powder

1 container of red sugar

16 chocolate chips

1 reindeer shaped cutter



Preset the oven to 180 degrees.

Cream together the butter and sugar. Stir in the flour and cocoa powder.

Roll out dough and cut into reindeer shapes with cutter. Place on lightly greased baking tray or a non-stick baking tray. Put two chocolate chips for eyes and sprinkle some red sugar for the nose.

Bake for 20 –30 minutes or until lightly browned.





Health Insurance Program

New year, new approach

In recognition of the fact that over half of the remaining uninsured could get coverage for free or very low cost and can enroll year-round, the Health Insurance Program at AHEC West has adopted a significantly different approach to its outreach activities.

We are embedding with or offering services for the most vulnerable and low-income populations in order to have the chance to interact with them about health insurance. To this end, the Program has embedded in the Horizon Goodwill Industries “Hagerstown Health Hub” at 200 N. Prospect Street in Hagerstown. In Cumberland, AHEC West has opened “The Possibility Shop” at 138 Baltimore Street, Suite 100.

The Hagerstown Health Hub currently offers a multitude of programs and resources for employment, homelessness, disaffected youth and substance use. It also will offer access to medical and dental care at an onsite clinic. A grocery store is also planned for the site. Currently the Meritus Health Mobile Clinic is there part time. AHEC West provides onsite application assistance three days a week. Our Outreach Team is based there full time. The opportunity to participate with Horizon Goodwill Industries and Meritus Health has significantly strengthened our Washington County outreach efforts.



In Cumberland, AHEC West has opened the “Possibility Shop.” We have four offices at the Shop that we invite other agencies to share. By helping other organizations with their outreach, we bring consumers to us that would otherwise be very hard to reach. Current organizations and programs at the Shop are: Horizon Goodwill – housing navigation and disability applications; Associated Charities – prescription assistance; Allegany County Health Department – Medicaid/MCHP case worker; and Healing Allegany – harm reduction services. Coming soon we will have programs from HRDC and Maryland Wellness. County United Way provides children’s books and other supplies for us to give to consumers.

The Health Insurance Program also participates in the AHEC West and Hyndman Health Center’s mobile clinic collaboration. Look forward to seeing more organizations participating at the Possibility Shop and the Hagerstown Health Hub as the year progresses.



Notice to Cumberland Housing Residents

Public Awareness Program Message Natural Gas Safety Instructions

Natural gas for your appliances is delivered through a jurisdictional natural gas pipeline system. The system is a safe, reliable and efficient way to deliver natural gas for your heating, water heating, cooking, and clothes drying needs. Although safe, tested and regulated, the system's most common hazard is from 3rd party damage from excavation. Before digging or excavations are done, contact Miss Utility at 1-800-257-7777 or 811 and call Cumberland Housing at 301-724-2055. Please read the following safety information:

Natural gas, like all forms of energy and like many other products found in the home, is capable of doing damage and MUST be used properly. Here are some facts everyone should know about gas and gas operated equipment:

Gas Accidents can be avoided when you follow these safety rules:

1. Teach children that they are not to turn on or light appliances
2. Keep combustibles (curtains, paper, and fluids) away from any open flames.
3. If lighting is required - always light match first and hold it at point of lighting before you turn on gas.
4. Keep burning surface clean of dirt, match ends, grease, etc.
5. Repair and installation is a job for experts. Never attempt to do it yourself.
6. Use equipment for the job it was intended to do - for example, an oven should NOT be used to heat a room.

Your senses can help you to discover a gas leak.....

>SMELL: A distinctive odor has been added to natural gas so that less than 1% of gas in the air can be detected.

>SIGHT: In some appliances you can see the flame so you know it is working.

>TOUCH: With some appliances you can feel overheating or cold in the burner area which would indicate trouble.

> HEARING: If the flame sounds unusually noisy, it may not be burning properly.

If you smell gas:

1. NO FLAMES OR SPARKS! – Immediately put out all smoking materials and pre-existing open flames. Do not operate lights, appliances, telephones or cell phones. Flames or sparks from these sources can trigger an explosion or fire.
2. LEAVE THE AREA IMMEDIATELY – Get everyone out of the building or area where you suspect gas is leaking.
3. REPORT THE LEAK – From a neighbor's home or other nearby building away from the gas leak, call your natural gas supplier right away. If you are unable to reach your natural gas supplier, call 911 or your local fire department.
4. DO NOT RETURN TO THE BUILDING OR AREA - Until your natural gas supplier determines that it is safe to do so.
5. GET YOUR SYSTEM CHECKED - Before you attempt to use any of your natural gas appliances, your natural gas supplier or a qualified service technician must check your entire system to ensure that it is leak free.

