



**CUMBERLAND HOUSING
GROUP**

Tower Gazette

Monthly Newsletter for August 2019



Work Order's

When reporting a work order or emergency, please dial the Maintenance Department number (301) 724-2055, especially if it is after normal business hours or on holidays. If you call in and do not get a live person, your request could go unanswered for a long period of time. This number is answered 24 hours a day by either a staff member or the answering service. Also, please do your own reporting of items when it pertains to your apartment. Part of the work order request is granting maintenance access to the unit that has the issue. If you do not live in the apartment, you cannot grant us access.

Allegany College Scholarship Deadline

If you are attending Allegany College, live in one of our communities and qualify for financial aid, the Housing Authority scholarship may be just for you. The scholarship picks up transportation, lunches and any expenses not covered by your Pell grant. You can pick up an application at the Housing Authority Office. Deadline to apply is Friday, August 9th.

Farmers Market

**Featuring Fresh Fruits and Vegetables
for a healthier way of living!**

Downtown Cumberland Mall
Thursdays 9:30 am 1:00 pm

Canal Place
Saturdays 9:30 am – 2:00 pm

Exterminator Schedule

- August 1st Queen City Towers – Morning
John F. Kennedy – Afternoon
- August 21st Grande View – Apts. 101 – 217
- August 26th Willow Valley – Apts. 101 - 217

Preventive Maintenance Inspections

- August 1st John F. Kennedy – 6th Floor
Queen City Towers – 5th Floor
- August 21st Willow Valley – 103, 107, 108, 111,
and 221

As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs.

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5050 or Maryland's Quit line at 1-800-784-8669.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance



August Guest Speaker

United States Census 2020

Guest Speaker will be Ashley Roush,
Partnership Specialist
Philadelphia Regional Census Center

Ashley will update everyone on the importance of filling out the Census. She will share with you how census data is used. Did you know that everyone who fills out the Census brings money into our community! Please come to the community room to get a real education on why the Census is needed and why you need to respond!

*John F. Kennedy – Wednesday, August 21, 2019
Time: 2 pm
Place: Community Room*

*Queen City Tower – Thursday, August 22, 2019
Time: 2 pm
Place: Community Room*

Everyone Welcome from all the developments!

Cintex Wireless Free Cell Phones

Did you know you can go to Queen City Drive, down from McDonalds by the Job Center (the back of the old Murphy's building) and get a free government phone if you qualify. Cintex has representatives there every day, Monday through Friday, from 9 am to 5 pm. You will need to take with you a photo id. You will also need to show them a food stamp card or a medical assistance card. If approved, you will leave with a free cell phone loaded with 1000 free minutes, 1 GB of internet service, and unlimited texting. Each month, 1000 free minutes, 1 GB of internet, and unlimited texting will be reloaded in your phone by Cintex. You can ask for Mandy, Justin, or Laura, they will be glad to help you.

A Prayer

Always pray to have eyes that see the best, a heart that forgives the worst, a mind that forgets the bad, and a soul that never loses faith.

Resident Council Meetings John F. Kennedy & Queen City Tower Residents

There will be no Resident Council Meeting for the months of June, July, and August. Resident Council Meetings will resume in September.

Partnership for Affordable Foods (PAF)

(A lot of food for a small price!)

Queen City Tower will be collecting for the PAF program on **Friday, August 2, 2019, from 2:00 p.m. to 3:00 p.m., and on Monday, August 5, 2019, from 2:00 p.m. to 3:00 p.m.** in the community room. There is a \$7 donation in order to receive the food and it must be paid on the dates above. Distribution will be on Thursday, **August 8, 2019**, at approximately 11:15 a.m. Residents who donate the \$7 must be in the community room by **11:45 a.m. on August 8, 2019**, to pick up the PAF order or the items will be forfeited.

TEFAP – Free Government Foods

The food will be available for pick up on Wednesday, August 7th after 12 pm. The sooner you pick the food up after 12 pm on the 7th the better chance you have of being able to get the food. This food is need based. You can pick up the TEFAP at the sites listed below. Call first before going to make sure they still have food available

Hope Station - Dan Snyder
632 N. Centre Street - Phone 240-362-7168
Monday through Friday, Noon - 5 pm

Interfaith Food Pantry
(HRDC Head Start Building)
301 Cumberland Street – Phone 301-777-7882
Monday through Friday, 10 am to 3 pm

Salvation Army - Karen Wells
701 East First Street – Phone 301-777-7600
Monday through Thursday, 1:00 pm to 3:00 pm,
and on Fridays, 9:00 am to noon

You need to take your photo identification card or driver's license with you. Please note you will be asked to sign a self-declaration verifying your income and stating you will only get the food once a month from one agency. If you have any additional questions, please feel free to contact, Pama Wilson, Resident Service Coordinator.

(Note: The Salvation Army will be closed from August 5th to August 9th.)



Queen City Tower Activities

Blood Pressure Check

Thursday, July 8th and Thursday, July 22nd @ 2:30 pm.

Game Night – Every Monday at 6 pm

All residents are welcome to participate in game night that will be held every Monday at 6 pm in the community room. We look forward to an evening of fun, so please join us.

Bible Study provided by Cumberland Community Church

Saturday, August 3, 2019 and Saturday, August 17, 2019, and Saturday, August 31, 2019 @ 6:00 pm.

Prayer Group

Every Tuesday at 2 pm

The prayer group, which is open to all residents, is an opportunity for people to share concerns, encourage each other, and to lift our needs to a higher power. We invite all residents to attend this group every Tuesday at 2 pm for fellowship and light refreshments. Bonnie Stott will facilitate the group. We hope to see you there.

Faith Based Music

Tuesday, August 6th at 2 pm

Please come and join Buster Jackson and Paul Powers for one hour of Faith Based Music. They will be playing their guitars and singing in the community room during prayer time. All residents, workers, and family are invited to attend.

Attention My Groceries to Go Participants QCT Delivery: Thursday, August 8, 2019

Time: 2 pm

Linda Conner and Pamela Sulser will be giving out the food boxes in the community room to those that are already on the program. Participating residents will need to be in the community room on the time posted above unless you receive a notice telling you different. Those receiving the box will sign for the box and take their own food box to their own apartments. Those who do not show up to receive the box will forfeit receiving the box.

Queen City Tower – Labor Day Picnic

Monday, September 2, 2019 at 1 pm

Residents must sign up to attend. Chicken and potato salad provided. There will be a signup sheet posted on the first-floor bulletin board. Residents can bring covered dishes or other items to compliment the chicken and potato salad.

John F. Kennedy Activities

Blood Pressure Check

Wednesday, August 7th and Wednesday, August 21st @ 2:30 pm.

Bible Study provided by Cumberland Community Church

Friday, August 2, 2019, Friday, August 16, 2019, and Friday, August 30, 2019 @ 6:30 pm.



Every Monday at 6 pm

All residents are welcome to join us for Bingo every Monday @ 6 pm in the community room. We are growing in participants and hope that you join us too. The Bingo Caller is John Evans and he is in charge of Bingo. Looking forward to a night of fun every Monday! Bring your pennies.

Game Night – Every Saturday at 6 pm Community Room

All residents are welcome to participate in game night. We look forward to an evening of fun, so please join us! Bonnie Hoban or Rhonda Roy – Game Leaders.

Attention My Groceries to Go Participants JFK Delivery: Thursday, August 8, 2019

Time: 9:15 a.m.

Margaret Petruccy and Bonnie Hoban will be giving out the food boxes in the community room to those that are already on the program. Participating residents will need to be in the community room on the time posted above unless you receive a notice telling you different. Those receiving the box will sign for the box and take their own food box to their own apartments. Those who do not show up to receive the box will forfeit receiving the box.

Bake Sale @ JFK

Saturday, August 10, 2019 **10 am to 2 pm**

Residents are asked to donate baked goods (for the bake sale) to Bonnie Hoban in apt. 610 or Rhonda Roy in apt. 702. Items should be brought down to the kitchen prior to 10 am on Saturday, August 10, 2019.

