



Monthly Newsletter

for November 2019

**CUMBERLAND HOUSING
GROUP**



Exterminator Schedule

November 14 th	Jane Frazier Village, Buildings 7 – 17
November 8 th	Jane Frazier Village, Buildings 1 – 6 & Banneker Gardens
November 21 st	Fort Cumberland Homes

***All Housing Authority Offices
Will Be Closed
Monday, November 11th, in
Observance of Veterans Day
As well as
November 28th and 29th for the
Thanksgiving Holiday!***

When to Call Maintenance

If you are locked out of your apartment, or need something fixed in your apartment, you need to call the **Maintenance Department at 301-724-2055.**

Our maintenance staff works 7:00 am to 5:00 pm. Only call the maintenance number after hours if you have an emergency, not the main office number. That phone line is not forwarded to an answering service and your call will not be heard until the next business day.

Extermination

Extermination service is provided on a regular basis at no cost to the Tenant. This is performed in all units and **cannot be refused.** Tenants are required to keep all living areas clean at all times. Bedrooms must be accessible and not locked. Tenants will be advised of the date that the exterminator will be visiting their unit through the monthly newsletter. Tenants will be advised of any special visits and what advance preparations to make, if any, through a notice that will be mailed or hand delivered. Failure to make preparations as may be requested by HACC or to allow entry to the exterminating company will be deemed to be a material breach of the lease that is signed by each tenant. If it is found that within 45 days of leasing the apartment that a tenant has an infestation of any kind, he/she will be responsible for any and all costs that arise in eliminating the infestation.

Items that are consider Emergency Repairs

1. Locked out of apartment
2. Natural Gas Leak
3. Clogged Commode
(where there is only one)
4. No Heat in Apartment
5. Refrigerator Not Working
6. Elevator Not Working
7. No Electricity in Total Apartment
8. Fire (call 911 first)
9. Sewer Backup
10. Major Water Leak
11. Security System Call
12. No Hot or Cold Water
13. Smoke Detector Malfunction

Great American Smoke Out

Sponsored by the American Cancer Society, the "Great American Smoke Out" day will be November 21st. This event encourages smokers to use this day to make a plan to quit or to plan in advance and quit on that day.

Need Help to Quit Smoking?

Are you or someone you know trying to quit smoking? Did you know there are 2 FREE ways to quit? Just call the Allegany County Health Department at 301-759-5050 or Maryland's Quit line at 1-800-784-8669.

Are You a Victim of Domestic Violence?

If you or someone you know is in a Domestic Violence situation and needs help, please call the Family Crisis Resource Center Hotline 301-759-9244 for assistance.



**Reminder.....Residents of
Jane Frazier Village &
Fort Cumberland Homes**



**Window Air Conditioners – Must be
Removed by October 31st**

In accordance with your lease, all window air conditioners were to be removed from all windows by October 31st. Any tenant that does not comply will be tagged this week. If Maintenance Personnel is dispatched to remove any air conditioners from your unit, a charge of \$20.00 **per air conditioner** will be posted to your account. Please remember that in addition to removing the unit, all screens must be in good repair and re-installed. Please contact the Maintenance Department during normal business hours if you require assistance in re-installing any screen. If no repairs are needed, there is no charge for this service.

As winter approaches and the leaves begin to fall, it is the time to clean your yard and properly store all toys and lawn furniture. Please rake leaves and remove trash from your respective areas and dispose of properly. If you have any bushes, clean under and around them. If you are a pet owner, you are responsible for removing all pet waste.

All yards should be given a final mowing for the season, as well as trimming all fence lines and around storage bins. Any bushes, plants, or flowers should be trimmed away from all fences or buildings.

In addition to keeping your lawn areas in good condition, please do not throw food or cooking grease in your yard. Not only does it kill the grass, but it will also attract unwanted rodents. All storm and entry doors should be scrubbed and wiped clean, as well as window ledges.



**Don't forget to Thank those
men and women who
previously served and are
currently serving
and protecting our Country!**

**Cost-of-Living Adjustment (COLA)
Information for 2020**

Social Security and Supplemental Security Income (SSI) benefits for more than 69 million Americans will increase ---- **1.6 percent** in 2020, the Social Security Administration announced.

The 1.6 percent cost-of-living adjustment (COLA) will begin with benefits payable to more than 63 million Social Security beneficiaries in January 2020. Increased payments to more than 8 million SSI beneficiaries will begin on December 31, 2019. (Note: some people receive both Social Security and SSI benefits). The Social Security Act ties the annual COLA to the increase in the Consumer Price Index as determined by the Department of Labor's Bureau of Labor Statistics.

Medicare Open Enrollment for 2019-2020

The 2019-2020 Medicare Open Enrollment Period is from October 15th, 2019 to December 7th, 2019for a January 1st, 2020 effective date. Every year a Medicare Open Enrollment Period is made available for people who qualify for Medicare benefits. During this time, anyone who is eligible for Parts A and B can enroll in or make changes to their Medicare coverage. Part D & Medicare Advantage benefits can change each year, meaning premiums can go up and benefits can change. If you're not happy with the changes to your current Part D or Medicare Advantage benefits and premiums, you have an Annual Election Period to change them. However, if you're happy with your current plan and all the changes for next year, then there's nothing you need to do! It's important to take a few minutes to review your current plan to make sure of any changes to your plan such as premiums, copays pharmacy networks, and drug formularies.



*Daylight Savings Time Ends at
2 a.m. on Sunday, Nov. 4th
Turn your clocks back an hour
before you go to bed.*



Fort Cumberland Homes

The November meeting of the Fort Cumberland Homes/River Bend Court Resident Council has been cancelled due to the Thanksgiving Holiday. A new date will be determined and posted in the December newsletter.

Jane Frazier Village

Family Literacy Night

Thursday 11/14/2019 from 4:30-5:30

Please note the new time

All are welcome for a meal, story time, craft and free books!

Banneker Gardens

Please join us for the next meeting of the Banneker Gardens Resident Council on Tuesday November 5 at 1:30 in the Community Room. Your voice is important!

Family Literacy Night

Thursday 11/21/2019 from 4:30-5:30

Please note the new time

All are welcome for an after-school snack, story time, craft and free books!

All Developments

If you are paying your rent by check, please be sure that the written amount matches the dollar amount on your check. Also remember to sign your check and include your apartment number if it is not already on the check. Write clearly.

If you are paying your rent by money order, please make sure that your name and apartment number are written clearly on the money order.

Write HACC on the Pay to The Order of Line. **Do not put cash in the drop box.**

Reminder - Public Hearing

The Housing Authority of the City of Cumberland has completed its 5-year PHA Plan for the period of 4/1/2020 – 3/31/2025 in accordance with HUD Regulations.

The 5-Year Plan and its associated documents are available for public review for the next 45 days at the Cumberland Housing Group Main Office located at 635 E. First Street, Cumberland Monday thru Friday 8:00 – 4:00. It is also available on our website at www.cumberlandhousing.org.

Public Hearing will be held on November 14, 2019 at 10:00 AM, at the Jane Frazier Village Community Room connected to our main Office.

Allegany County HRDC Head Start/Early Head Start

Cost is **FREE** to families with children
Ages Birth to 5 years

Give yourself a break and enroll your child today!

For more information, call 301-783-1730

RISK CONTROL POLICY

The Housing Authority of the City of Cumberland and the Cumberland Housing Alliance, Inc. (collectively referred to as Cumberland Housing) considers the safety of its residents, its staffers, and other members of the public who come in contact with its facilities or services to be of utmost importance. Cumberland Housing will not tolerate unsafe acts or conditions created by its staffers or tenants. It is a positive responsibility of Cumberland Housing staffers and tenants to bring any and all unsafe conditions promptly to the attention of Cumberland Housing management. All concerned are expected to adhere to the safety rules and procedures relevant to their employment or residency responsibilities, including such matters as safe driving, proper use of equipment and appliances, and adequate supervision of and concern for small children. Fulfillment of safety responsibilities should be considered in the performance evaluation of each Cumberland Housing staffer. Cumberland Housing commits to make every effort to comply with all local, state and federal safety and health regulations and to enforce the policies and procedures set forth in its own Risk Control Guide and related health and safety plans.

November is NATIONAL DIABETES MONTH

National Diabetes Month focuses attention on the growing cost of diabetes on American's health. From the physical, emotional and social effects to financial and damaging health, diabetes impacts more than 30 million people in the United States. Also known as American Diabetes Month, the month focus on making healthy changes and reducing the risk of type 2 diabetes.

- Get a physical. Regular checkups let you know where you stand and what changes you need to make. Ask questions, too!
- When you make small changes, you are more likely to stick when them. So, add one or two small changes at a time, instead of huge sweeping changes.
- Keep track of your goals. You are likely to be honest if you write down your daily intake than if you just guess.
- Get a buddy. It's more fun when you make changes together than if you go it alone.
- Learn more from the American Diabetes Association.



Activities and Events Calender

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
	FCH Resident Council Meeting TBA					
3	4	5 BG RC at 1:30 <i>Inspect FCH Bldg 8</i>	6 <i>Inspect FCH Bldg 9</i>	7 Rent Due	8 Exterminator JFV 1-6 7 BG	9
10	11 Veterans Day All Housing Offices Closed	12	13 <i>Inspect JFV Bldg 8</i>	14 Exterminator JFV - Bldgs 7-17 JFV Literacy Night 4:30 to 5:30	15	16
17	18 Unpaid Rents to be Filed in Court	19	20	21 Exterminator - FCH BG Literacy Night 4:30 to 5:30	22	23
24	25	26	27	28 Thanksgiving All Housing Offices Closed	29 All Housing Offices Closed	30

As a reminder, a copy of the Inspection will be left in your unit for your information. If any repairs need to be done, maintenance will be returning within 20 days to complete the repairs.

JFV - Jane Frazier Village FCH - Fort Cumberland Homes JFK - John F. Kennedy QCT - Queen City Towers Inspect - Preventive Maintenance